

NATIONAL SPRINT REGATTAS

National Regattas 2009

Held at the National Water Sports Centre, Holme Pierrepont, Adbolton Lane, Nottingham.

| Date | Regatta | Closing date | Venue |
|---------------|------------------------|--------------|------------|
| 4/5 April | National | 18 March | Nottingham |
| 9/10 May | National | 22 April | Nottingham |
| 6/7 June | National | 20 May | Nottingham |
| 4/5 July | National Championships | 17 June | Nottingham |
| 5/6 September | Inter-Club Competition | 19 August | Nottingham |

National Water Sports Centre, Nottingham

The National Water Sports Centre is situated just off the main A52 road from Nottingham to Grantham. It is signposted on all main roads leading into Nottingham.

Accommodation

Bed & Breakfast is available on site - Bunks, Standard and En Suite, although this gets booked up very quickly.

Lunches and snacks are available from the Centre Cafeteria and Snack Bars.

There are many **hotels** of different sizes and cost in Nottingham, several in the vicinity of the NWSC. The website at www.visitnottingham.com lists a large number of hotels, B&Bs, farmhouses etc. at all prices.

There is a **camp site** run by N.W.S.C. just across the road from the course. Facilities include a toilet, washing and shower block; water points; waste disposal; electric hook-up points and a shop.

The site is open to all competitors, officials and supporters. No booking is required.

There is no overnight **boat storage** available in the boathouses. All canoes should be removed on Saturday night. All canoes on the outside racks at the Centre are left entirely at the owner's risk.

Regatta programmes will be on sale at the Watersports Centre and the campsite on the Friday evening before the Regatta and on Saturday at the Centre.

National Regattas' Saturday evenings Entertainment and a meal

This year, on the Saturday evenings of a BCU Sprint Racing National Regatta you will not have to leave the NWSC to find somewhere to relax and refuel.

The NWSC in conjunction with the BCU SRC will be making available a themed evening of entertainment along with a special menu at a fixed price (£5.95) in the Regatta Bar

*A selection of hot food will be available from 18.30pm until 21.00 pm.
Entertainment will be provided courtesy of the SRC*

Please note that the Main Centre Servery will close at 18.30 pm on Saturdays.

We hope that you have a successful 2009 race season.

NATIONAL SPRINT REGATTAS

Putting in Entries

Entries must be submitted through your Club Team Leader –
See Team Leaders' Responsibilities pages B10 – B15.

Guidelines for entry into Sprint Racing To promote fair racing and as a guide for coaches, team leaders and paddlers, the following standards, based on the "Sprint (500m) Awards", are suggested as the entry levels into Sprint Regattas held at the National Watersports Centre. (See also Racing Standards on pages D1 & 2)

| | |
|-----------------------|--------------|
| Men | Kayak Gold |
| Women and Veteran Men | Kayak Silver |
| Girls and Boys | Kayak Bronze |
| Canadian Paddlers | Canoe Gold |

In each case the paddler must equal or beat the times below to achieve the standard.

Note: Time in minutes and seconds – in single canoe or kayak

| <i>Award</i> | <i>Kayak Men</i> | <i>Kayak Women</i> | <i>Canoe</i> |
|---------------------|-------------------------|---------------------------|---------------------|
| Green | 4.00 | 4.20 | 5.00 |
| Blue | 3.30 | 3.45 | 4.00 |
| Bronze | 3.05 | 3.20 | 3.20 |
| Silver | 2.45 | 3.00 | 3.05 |
| Gold | 2.30 | 2.45 | 2.45 |

All paddlers must be current members of the British Canoe Union and have registered as sprint racing competitors.

Fees for this season have been increased and the charge bands are as follows:-

| Group | K1/C1 | K2/C2 | K4/C4 |
|----------------|--|----------------------|----------------------|
| Senior Events: | £5.00 (late £6.00) | £10.00 (late £11.00) | £20.00 (no late fee) |
| Junior Events: | £4.00 (late £5.00) | £8.00 (late £9.00) | £16.00 (no late fee) |
| Mini Sprints: | Fixed fee of £20 for the weekend or £10 a single day | | |

Please note that K4 fees include the cost of boat hire.

Fees will be reviewed annually.

Club colours must be worn by all competitors in all events.

All kayaks and canoes must have **adequate buoyancy**, be fitted with a number slot and comply with current regulations as to weight. Boat Control will be carried out during regattas.

Paddlers must supply their own lane numbers (1-9).

NATIONAL SPRINT REGATTAS

The Racing Registration Scheme

The Scheme also enables the committee to establish how many active racing canoeists there are in the country at any one time, and provides a means of communicating with them.

The Registration Number is the unique numerical identification for each paddler, and is used in computer programmes when programming a regatta. Only Registered Paddlers will be allowed to compete in B.C.U. events at the National Watersports Centre. Entries submitted without a Registration Number will not be accepted.

Initial Registration

This may be done in one of two ways:-

1. At any N.W.S.C. Regatta, at the Secretary's desk.
2. By post with the Registration Officer (Send S.A.E. please).

In all cases the following are required:

1. Full Name and Address.
2. Date of Birth.
3. Club.
4. Your ranking (if known).
5. A Coaching Scheme Certificate of Standard for 500m which states the actual time taken for your trial.
6. Proof of current B.C.U. Membership (a photocopy of your card is acceptable).

Renewal of Registration

Competitors will remain on the active register until such time as they have not competed for two years, or their B.C.U. membership has lapsed. On production of a current B.C.U. card, anyone not listed on the active register may apply to be reinstated.

Current Lists of Registered Paddlers are intended as 'working' lists and only include paddlers who have raced during the last two years and those who are fairly certain to race in the current season. Anyone who does not appear on the lists will have been transferred to the storage file and can be brought back to the 'live' file at any time they return to racing.

Youth paddlers who initially registered as Cadet Members will remain on the register but should join the B.C.U. as full Youth members at the end of the first year. They should inform the Registration Officer of any change of number.

The Registration Officer, 17 Springfield Road, Guildford, Surrey GU1 4DW

When registering by post please send S.A.E. for the return of your B.C.U. card and the Registration Number.

NATIONAL SPRINT REGATTAS

REGATTA REGISTRATION APPLICATION

Full Name

Telephone No

Address

Post Code

Date of Birth

Club

500m Time

BCU Membership Number

Valid test and membership certificates or photocopies are required to accompany this form.


Please return this form with a stamped self addressed envelope to:
Registration Officer
P. Morley, 17 Springfield Road, Guildford, Surrey GU1 4DW

Registration Number Issued

Date

Regatta Racing Class

NATIONAL SPRINT REGATTAS

| | |
|---|---|
|  | BCU National Canoe Sprint Racing Regatta |
| | National Water Sports Centre - Nottingham |
| | 4th - 5th April 2009 |
| Closing date | Wednesday 18th March 2009 |

| Men's Kayak | 200m | | | 500m | | | 1000m | | | 5km | |
|-------------|------------------------------|------------------------------|------------------------------|------|-----|-----|-------|-----|---------|------|-----|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 | K1 | |
| Senior A | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | Open | |
| Senior B | ✓ | ✓ | A/B | ✓ | ✓ | A/B | ✓ | ✓ | A/B | | |
| Senior C | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | |
| Senior D | ✓ | C/D | C/D | ✓ | C/D | C/D | ✓ | C/D | C/D | | |
| Masters A | Masters combined with Senior | Masters combined with Senior | Masters combined with Senior | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | |
| Masters B | | | | ✓ | A/B | ✓ | A/B | ✓ | A/B/C/D | | |
| Masters C | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ |
| Masters D | | | | ✓ | C/D | C/D | ✓ | C/D | ✓ | | C/D |

| Women's Kayak | 200m | | | 500m | | | 1000m | | | 5km |
|---------------|------|-----|-----|------|-----|---------|-------|-----|---------|------|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 | K1 |
| Senior A | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | Open |
| Senior B | A/B | A/B | A/B | A/B | A/B | A/B/C/D | A/B | A/B | A/B/C/D | |
| Senior C | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | | |
| Senior D | ✓ | C/D | C/D | ✓ | C/D | ✓ | C/D | ✓ | | |

| Sen/Jun (M&F) Canoe | 200m | | | 500m | | | 1000m | | | 5km |
|---------------------|---|-----|----|------|-----|-----|-------|-----|-----|------|
| | C1 | C2 | C4 | C1 | C2 | C4 | C1 | C2 | C4 | C1 |
| Canoe A Sen/Jun | Canoe A & B racing with Senior Women Kayak A & B | | | | | | | | | |
| Canoe B Sen/Jun | | | | | | | | | | |
| Canoe C Sen/Jun | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Canoe D Sen/Jun | ✓ | B/C | | ✓ | B/C | B/C | ✓ | B/C | B/C | Open |

| Junior Kayak | | | | 500m | | | 1000m | | | |
|--------------|--|--|--|------|----|-------|-------|----|-------|--|
| | | | | K1 | K2 | K4 | K1 | K2 | K4 | |
| Boys A | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Boys B | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Boys C | | | | ✓ | ✓ | B/C | ✓ | ✓ | B/C | |
| Boys D | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Girls A | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Girls B | | | | ✓ | ✓ | A/B/C | ✓ | ✓ | A/B/C | |
| Girls C | | | | ✓ | ✓ | | ✓ | ✓ | | |
| Girls D | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |

| Paddleability | 200m | | | 500m | | | 1000m | | | |
|---------------|------|----|----|------|----|----|-------|----|----|--|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 | |
| Senior/Junior | ✓ | ✓ | | ✓ | ✓ | | ✓ | ✓ | | |

| | |
|----------------|--|
| Mini Sprint | No races at the April regatta for the Mini Sprint Series. Classes now based on speed/times not age groups. Entry is for the full day's activities, £20 for the weekend or £10 per day, not per race, |
| Boys & Girls A | |
| Boys & Girls B | |

NATIONAL SPRINT REGATTAS

| | |
|--------------|---|
| | National Water Sports Centre - Nottingham |
| | 9th - 10th May 2009 |
| Closing date | Wednesday 22nd April 2009 |

| Men's Kayak | 200m | | | 500m | | | 1000m | | | 5km | |
|-------------|------------------------------|------------------------------|------------------------------|------|-----|-----|-------|-----|-----|------|---|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 | K2 | |
| Senior A | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | Open | |
| Senior B | ✓ | ✓ | A/B | ✓ | ✓ | A/B | ✓ | ✓ | A/B | | |
| Senior C | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | |
| Senior D | ✓ | C/D | C/D | ✓ | C/D | C/D | ✓ | C/D | C/D | | |
| Masters A | Masters combined with Senior | Masters combined with Senior | Masters combined with Senior | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | |
| Masters B | | | | ✓ | A/B | A/B | ✓ | A/B | A/B | | |
| Masters C | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ |
| Masters D | | | | ✓ | C/D | C/D | ✓ | C/D | C/D | | ✓ |

| Women's Kayak | 200m | | | 500m | | | 1000m | | | 5km |
|---------------|------|-----|-----|------|-----|---------|-------|-----|---------|------|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 | K2 |
| Senior A | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | Open |
| Senior B | A/B | A/B | A/B | A/B | A/B | A/B/C/D | A/B | A/B | A/B/C/D | |
| Senior C | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | | |
| Senior D | ✓ | C/D | C/D | ✓ | C/D | ✓ | C/D | C/D | | |


| Sen/Jun (M&F) Canoe | 200m | | | 500m | | | 1000m | | | 5km |
|---------------------|---|----|-----|------|-----|-----|-------|-----|-----|------|
| | C1 | C2 | C4 | C1 | C2 | C4 | C1 | C2 | C4 | C2 |
| Canoe A Sen/Jun | Canoe A & B racing with Senior Women Kayak A & B | | | | | | | | | |
| Canoe B Sen/Jun | | | | | | | | | | |
| Canoe C Sen/Jun | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Canoe D Sen/Jun | ✓ | | B/C | ✓ | B/C | B/C | ✓ | B/C | B/C | Open |

| Junior Kayak | | | | 500m | | | 1000m | | | |
|--------------|--|--|--|------|----|-------|-------|----|-------|--|
| | | | | K1 | K2 | K4 | K1 | K2 | K4 | |
| Boys A | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Boys B | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Boys C | | | | ✓ | ✓ | B/C | ✓ | ✓ | B/C | |
| Boys D | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Girls A | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Girls B | | | | ✓ | ✓ | A/B/C | ✓ | ✓ | A/B/C | |
| Girls C | | | | ✓ | ✓ | | ✓ | ✓ | | |
| Girls D | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |

| Paddleability | 200m | | | 500m | | | 1000m | | | |
|---------------|------|----|----|------|----|----|-------|----|----|--|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 | |
| Senior/Junior | ✓ | ✓ | | ✓ | ✓ | | ✓ | ✓ | | |

| Mini Sprint | | | | 500m | | | | | |
|----------------|-------------------------------------|--|--|------|-----|--------------------------|--------------------------|--------------------------|--|
| | | | | Sat | Sun | | | | |
| Boys & Girls A | Please read note on the April page! | | | ✓ | ✓ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Boys & Girls B | | | | ✓ | ✓ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |

NATIONAL SPRINT REGATTAS

| | |
|---|---|
|  | BCU National Canoe Sprint Racing Regatta |
| | National Water Sports Centre - Nottingham |
| | 6th - 7th June 2009 |
| Closing date | Wednesday 20th May 2009 |

| Men's Kayak | 200m | | | 500m | | | 1000m | | | 5km | |
|-------------|------------------------------------|------------------------------------|------------------------------------|------|-----|-----|-------|-----|-----|------|-----|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 | K4 | |
| Senior A | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | Open | |
| Senior B | ✓ | ✓ | A/B | ✓ | ✓ | A/B | ✓ | ✓ | A/B | | |
| Senior C | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | |
| Senior D | ✓ | C/D | C/D | ✓ | C/D | C/D | ✓ | C/D | C/D | | |
| Masters A | Masters combined with Senior | Masters combined with Senior | Masters combined with Senior | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | |
| Masters B | | | | ✓ | A/B | A/B | ✓ | A/B | A/B | | |
| Masters C | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ |
| Masters D | | | | ✓ | C/D | C/D | ✓ | C/D | C/D | | C/D |

| Women's Kayak | 200m | | | 500m | | | 1000m | | | 5km |
|---------------|------|-----|-----|------|-----|---------|-------|-----|---------|------|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 | K4 |
| Senior A | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | Open |
| Senior B | A/B | A/B | A/B | A/B | A/B | A/B/C/D | A/B | A/B | A/B/C/D | |
| Senior C | ✓ | ✓ | ✓ | ✓ | ✓ | A/B/C/D | ✓ | ✓ | A/B/C/D | |
| Senior D | ✓ | C/D | C/D | ✓ | C/D | A/B/C/D | ✓ | C/D | A/B/C/D | |


| Sen/Jun (M&F) Canoe | 200m | | | 500m | | | 1000m | | | 5km |
|---------------------|---|-----|----|------|-----|-----|-------|-----|-----|------|
| | C1 | C2 | C4 | C1 | C2 | C4 | C1 | C2 | C4 | C4 |
| Canoe A Sen/Jun | Canoe A & B racing with Senior Women Kayak A & B | | | | | | | | | |
| Canoe B Sen/Jun | Canoe A & B racing with Senior Women Kayak A & B | | | | | | | | | |
| Canoe C Sen/Jun | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Canoe D Sen/Jun | ✓ | B/C | ✓ | ✓ | B/C | B/C | ✓ | B/C | B/C | Open |

| Junior Kayak | 500m | | | 1000m | | |
|--------------|------|----|-------|-------|----|-------|
| | K1 | K2 | K4 | K1 | K2 | K4 |
| Boys A | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Boys B | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Boys C | ✓ | ✓ | B/C | ✓ | ✓ | B/C |
| Boys D | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Girls A | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Girls B | ✓ | ✓ | A/B/C | ✓ | ✓ | A/B/C |
| Girls C | ✓ | ✓ | A/B/C | ✓ | ✓ | A/B/C |
| Girls D | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |

| Paddleability | 200m | | | 500m | | | 1000m | | |
|---------------|------|----|----|------|----|----|-------|----|----|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 |
| Senior/Junior | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |

| | | | | | | |
|----------------|--|-----|-----|--------------------------|--------------------------|--------------------------|
| Mini Sprint | Please read note on the April page! | Sat | Sun | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Boys & Girls A | | ✓ | ✓ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Boys & Girls B | | ✓ | ✓ | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

NATIONAL SPRINT REGATTAS

| | |
|---|---|
|  | BCU National Championships Sprint Racing Regatta |
| | National Water Sports Centre - Nottingham |
| | 4th - 5th July 2009 |
| Closing date | Wednesday 17th June 2009 |

| Men's Kayak | 200m | | | 500m | | | 1000m | | |
|----------------------|------|-----|---------|------|-----|-----|-------|-----|-----|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 |
| Senior A | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |
| Senior B | ✓ S | ✓ S | A/B/C/D | ✓ S | ✓ S | A/B | ✓ S | ✓ S | A/B |
| Senior C | ✓ S | ✓ S | | ✓ S | ✓ S | ✓ S | ✓ S | ✓ S | ✓ S |
| Senior D | ✓ S | C/D | | ✓ S | C/D | C/D | ✓ S | C/D | C/D |
| Masters 1965 - 74 | ✓ N | ✓ N | □ | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |
| Masters 1955 - 64 | ✓ S | A/B | | ✓ S | A/B | A/B | ✓ S | A/B | A/B |
| Masters 1945 - 54 | ✓ S | ✓ S | | ✓ S | ✓ S | ✓ S | ✓ S | ✓ S | ✓ S |
| Masters 1944 earlier | ✓ S | C/D | | ✓ S | C/D | C/D | ✓ S | C/D | C/D |

| Women's Kayak | 200m | | | 500m | | | 1000m | | |
|---------------|------|-----|---------|------|-----|---------|-------|-----|---------|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 |
| Senior A | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |
| Senior B | ✓ S | A/B | A/B/C/D | ✓ S | A/B | A/B/C/D | ✓ S | A/B | A/B/C/D |
| Senior C | ✓ S | ✓ S | | ✓ S | ✓ S | | ✓ S | ✓ S | |
| Senior D | ✓ S | C/D | | ✓ S | C/D | | ✓ S | C/D | |

| Canoe M / F | 200m | | | 500m | | | 1000m | | |
|-------------|------|-----|----|------|-----|---------|-------|-----|---------|
| | C1 | C2 | C4 | C1 | C2 | C4 | C1 | C2 | C4 |
| Canoe A Sen | ✓ N | ✓ N | □ | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |
| Canoe B Sen | ✓ S | A/B | | ✓ S | A/B | A/B/C/D | ✓ S | A/B | A/B/C/D |
| Canoe C Sen | ✓ S | ✓ S | | ✓ S | ✓ S | | ✓ S | ✓ S | |
| Canoe D Sen | ✓ S | C/D | | ✓ S | C/D | | ✓ S | C/D | |
| Junior U18 | | | | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |
| Junior U16 | | | | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |

| Junior Kayak | 500m | | | 1000m | | |
|--------------|------|-----|-----|-------|-----|-----|
| | K1 | K2 | K4 | K1 | K2 | K4 |
| Boys U18 | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |
| Boys U16 | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |
| Boys U14 | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |
| Girls U18 | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |
| Girls U16 | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |
| Girls U14 | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N | ✓ N |

| Paddleability | 200m | | | 500m | | | 1000m | | |
|----------------|---|----|----|------|-----|----|-------|----|----|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 |
| Senior/Junior | ✓ | ✓ | | ✓ | ✓ | | ✓ | ✓ | |
| Mini Sprint | Please read note on the April page! | | | Sat | Sun | | | | |
| Boys & Girls A | | | | ✓ | ✓ | □ | □ | □ | |
| Boys & Girls B | | | | ✓ | ✓ | □ | □ | □ | |

N = National Championship event

S = Class Championship event

NATIONAL SPRINT REGATTAS

| | |
|---|--|
|  | BCU National Canoe Sprint Racing Regatta |
| | National Water Sports Centre - Nottingham |
| | 5th - 6th September 2009 - <i>MacGregor Paddle</i> |
| Closing date | Wednesday 19th August 2009 |

| Men's Kayak | 200m | | | 500m | | | 1000m | | | |
|-------------|------------------------------|------------------------------|------------------------------|------|-----|-----|-------|-----|-----|-----|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 | |
| Senior A | ✓ | ✓ | A/B/C/D | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Senior B | ✓ | ✓ | | ✓ | ✓ | A/B | ✓ | ✓ | A/B | |
| Senior C | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Senior D | ✓ | C/D | | ✓ | C/D | C/D | ✓ | C/D | C/D | |
| Masters A | Masters combined with Senior | Masters combined with Senior | Masters combined with Senior | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Masters B | | | | ✓ | A/B | A/B | ✓ | A/B | A/B | |
| Masters C | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Masters D | | | | ✓ | C/D | C/D | ✓ | C/D | C/D | C/D |

| Women's Kayak | 200m | | | 500m | | | 1000m | | |
|---------------|------|-----|---------|------|-----|---------|-------|-----|---------|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 |
| Senior A | ✓ | ✓ | A/B/C/D | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Senior B | ✓ | A/B | | ✓ | A/B | A/B/C/D | ✓ | A/B | A/B/C/D |
| Senior C | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Senior D | ✓ | C/D | | ✓ | C/D | C/D | ✓ | C/D | C/D |

| Sen/Jun (M&F) Canoe | 200m | | | 500m | | | 1000m | | |
|---------------------|------|----|-----|------|-----|---------|-------|-----|---------|
| | C1 | C2 | C4 | C1 | C2 | C4 | C1 | C2 | C4 |
| Canoe A Sen/Jun | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Canoe B Sen/Jun | ✓ | | A/B | ✓ | A/B | A/B/C/D | ✓ | A/B | A/B/C/D |
| Canoe C Sen/Jun | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Canoe D Sen/Jun | ✓ | | C/D | ✓ | C/D | C/D | ✓ | C/D | C/D |

| Junior Kayak | 500m | | | 1000m | | |
|--------------|------|----|-------|-------|----|-------|
| | K1 | K2 | K4 | K1 | K2 | K4 |
| Boys A | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Boys B | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Boys C | ✓ | ✓ | B/C | ✓ | ✓ | B/C |
| Boys D | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Girls A | ✓ | ✓ | A/B/C | ✓ | ✓ | A/B/C |
| Girls B | ✓ | ✓ | | ✓ | ✓ | |
| Girls C | ✓ | ✓ | | ✓ | ✓ | |
| Girls D | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |

| Paddleability | 200m | | | 500m | | | 1000m | | |
|----------------|-------------------------------------|----|----|------|-----|----|-------|----|----|
| | K1 | K2 | K4 | K1 | K2 | K4 | K1 | K2 | K4 |
| Senior/Junior | ✓ | ✓ | | ✓ | ✓ | | ✓ | ✓ | |
| Mini Sprint | Please read note on the April page! | | | 500m | | | | | |
| | | | | Sat | Sun | | | | |
| Boys & Girls A | | | | ✓ | ✓ | | | | |
| Boys & Girls B | ✓ | ✓ | | | | | | | |