

Official Souvenir Programme

BCU National  
**2010**  
Sprint Regatta

£2.50



www.photoboxgallery.com/aekayakphotos  
Photography: Antony Edmonds



Nottingham  
10<sup>th</sup> - 11<sup>th</sup> April 2010





# Safety



[www.bcu.org.uk](http://www.bcu.org.uk) ☎ 0115 982 1100

On behalf of the **National Water Sport Centre, British Canoe Union and Sport England**, we would like to remind you all of the basic precautions and rules that should be observed by **ALL** competitors and officials.

1. All persons on the water in canoes and motor boats **must** be able to swim at least 50 metres.
2. All craft must have integral buoyancy and be water-worthy.
3. Those on the water should be suitably dressed for the conditions prevailing at the time of the event. There may be times when this includes the wearing of buoyancy aids so please bring them with you.
4. The craft circulation rules shown in the programme should be adhered to at all times.
5. Team Leaders are responsible for ensuring that paddlers entered for events are competent to handle the prevailing conditions and can manoeuvre their craft. All paddlers must have been taught what to do in the event of capsize.
6. All competitors are advised to shower after using the Regatta Course. All cuts and abrasions should be covered with waterproof plaster. Please read the NWSC guide to water related illness, available from the Reception desk.

[www.nationalwatersports.co.uk](http://www.nationalwatersports.co.uk) ☎ 0115 982 1212

<b>Boat Weights</b>			
<b>K1</b>	<b>12kg</b>	<b>C1</b>	<b>16kg</b>
<b>K2</b>	<b>18kg</b>	<b>C2</b>	<b>20kg</b>
<b>K4</b>	<b>30kg</b>	<b>C4</b>	<b>30kg</b>

**Results Services** – £3 for your copy of the results is available from the Regatta Secretary's desk and will be forward to you by post after the event.



**8am at Team Leaders Meeting**

001	09:45	Boys A	K1	500m	H1	058	13:06	Mens A/B, Masters A	K1	200m	H3
002	09:48	Boys A	K1	500m	H2	059	13:09	Mens A/B, Masters A	K1	200m	H4
003	09:51	Boys A	K1	500m	H3	060	13:12	Womens A/B	K1	200m	H1
004	09:54	Mens A	K1	500m	H1	061	13:15	Womens A/B	K1	200m	H2
005	09:57	Mens A	K1	500m	H2	062	13:18	Canoe A/B	C1	200m	H1
006	10:00	Mens A	K1	500m	H3	063	13:21	Canoe A/B	C1	200m	H2
007	10:03	Womens A/B	K1	500m	H1	064	13:24	Boys A	K1	200m	H1
008	10:06	Womens A/B	K1	500m	H2	065	13:27	Boys A	K1	200m	H2
009	10:09	Mens B	K1	500m	H1	066	13:30	Girls C	K1	500m	F1
010	10:12	Mens B	K1	500m	H2	067	13:33	Girls C	K1	500m	F2
011	10:15	Mens B	K1	500m	H3	068	13:36	Girls B	K1	500m	F
012	10:21	Masters A/B/C/D	K4	500m	F	069	13:39	Boys C	K1	500m	H1
013	10:24	Canoe C/D	C4	500m	F	070	13:42	Boys C	K1	500m	H2
014	10:27	Girls D	K1	500m	H1	071	13:45	Boys C	K1	500m	H3
015	10:30	Girls D	K1	500m	H2	072	13:48	Boys C	K1	500m	H4
016	10:33	Girls D	K1	500m	H3	073	13:51	Boys B	K1	500m	H1
017	10:36	Girls D	K1	500m	H4	074	13:54	Boys B	K1	500m	H2
018	10:39	Boys D	K2	500m	H1	075	13:57	Boys B	K1	500m	H3
019	10:42	Boys D	K2	500m	H2	076	14:00	Girls D	K4	500m	F
020	10:45	Boys D	K2	500m	H3	077	14:03	Boys D	K1	500m	H1
021	10:51	Canoe A/B	C1	500m	H1	078	14:06	Boys D	K1	500m	H2
022	10:54	Canoe A/B	C1	500m	H2	079	14:09	Boys D	K1	500m	H3
023	10:57	Girls A	K1	500m	F	080	14:12	Boys D	K1	500m	H4
024	11:00	Boys A	K1	500m	F1	081	14:15	Boys D	K1	500m	H5
025	11:03	Boys A	K1	500m	F2	082	14:18	Boys D	K1	500m	H6
026	11:06	Mens A	K1	500m	F1	083	14:21	Boys D	K1	500m	H7
027	11:09	Mens A	K1	500m	F2	084	14:24	Masters C/D	K2	500m	F
028	11:12	Womens A/B	K1	500m	F1	085	14:27	Masters A/B	K2	500m	F
029	11:15	Womens A/B	K1	500m	F2	086	14:33	Mens A/B, Masters A	K1	200m	F1
030	11:18	Mens B	K1	500m	F1	087	14:36	Mens A/B, Masters A	K1	200m	F2
031	11:21	Mens B	K1	500m	F2	088	14:39	Womens A/B	K1	200m	F1
032	11:27	Paddlability	K2	500m	F	089	14:42	Womens A/B	K1	200m	F2
033	11:33	Boys C	K2	500m	H1	090	14:45	Canoe A/B	C1	200m	F1
034	11:36	Boys C	K2	500m	H2	091	14:48	Canoe A/B	C1	200m	F2
035	11:39	Girls C	K1	500m	H1	092	14:51	Boys A	K1	200m	F1
036	11:42	Girls C	K1	500m	H2	093	14:54	Boys A	K1	200m	F2
037	11:45	Girls C	K1	500m	H3	094	14:57	Girls A	K1	200m	F
038	11:48	Girls B	K1	500m	H1	095	15:00	Mens C, Masters B	K1	200m	F
039	11:51	Girls B	K1	500m	H2	096	15:03	Mens D, Masters C/D	K1	200m	F
040	12:00	Canoe A/B	C1	500m	F1	097	15:06	Womens C	K1	200m	F
041	12:03	Canoe A/B	C1	500m	F2	098	15:09	Womens D	K1	200m	F
042	12:06	Girls D	K1	500m	F1	099	15:12	Paddlability	K1	200m	F1
043	12:09	Girls D	K1	500m	F2	100	15:15	Paddlability	K1	200m	F2
044	12:12	Boys D	K2	500m	F1	101	15:18	Paddlability	K1	200m	F3
045	12:15	Boys D	K2	500m	F2	102	15:21	Boys C	K1	500m	F1
046	12:18	Boys A	K2	500m	F	103	15:24	Boys C	K1	500m	F2
047	12:21	Women Masters B	K1	500m	F	104	15:27	Boys B	K1	500m	F1
048	12:24	Womens C	K1	500m	F	105	15:30	Boys B	K1	500m	F2
049	12:27	Womens D	K1	500m	F	106	15:33	Girls B/C	K4	500m	F
050	12:33	Canoe C	C1	500m	F	107	15:39	Canoe A/B	C2	500m	F
051	12:36	Canoe D	C1	500m	F	108	15:42	Womens A/B	K2	500m	F
052	12:39	Boys C	K2	500m	F	109	15:45	Mens B	K2	500m	F
053	12:42	Boys B	K2	500m	F	110	15:48	Masters B	K1	500m	H1
054	12:48	Paddlability	K2	200m	F1	111	15:51	Masters B	K1	500m	H2
055	12:51	Paddlability	K2	200m	F2	112	15:54	Womens C	K2	500m	F
056	13:00	Mens A/B, Masters A	K1	200m	H1	113	15:57	Canoe C/D	C2	500m	F
057	13:03	Mens A/B, Masters A	K1	200m	H2	114	16:00	Girls A	K2	500m	F

115	16:03	Boys D	K1	500m	F1
116	16:06	Boys D	K1	500m	F2
117	16:09	Boys D	K1	500m	F3
118	16:12	Girls D	K2	500m	F
119	16:15	Boys A	K4	500m	F
120	16:18	Paddlability	K1	500m	F1
121	16:21	Paddlability	K1	500m	F2
122	16:24	Paddlability	K1	500m	F3
123	16:30	Masters A	K1	500m	F
124	16:33	Masters C	K1	500m	F
125	16:39	Boys B/C	K4	500m	F
126	16:42	Masters D	K1	500m	F
127	16:45	Mens C	K1	500m	F
128	16:48	Mens D	K1	500m	F
129	16:51	Masters B	K1	500m	F
130	17:00	Girls C	K2	500m	F
131	17:03	Girls B	K2	500m	F
132	17:06	Boys D	K4	500m	F
133	17:12	Canoe C	C1	200m	F
134	17:15	Girls A	K2	200m	F
135	17:18	Boys A	K2	200m	F
136	17:21	Canoes A/B	C2	200m	F
137	17:24	Mens A/B, Masters A	K2	200m	F
178	10:45	Girls C	K1	1000m	H3
179	10:48	Girls B	K1	1000m	H1
180	10:51	Girls B	K1	1000m	H2
181	10:57	Paddlability	K2	500m	F
182	11:00	Boys B	K1	1000m	F1
183	11:03	Boys B	K1	1000m	F2
184	11:06	Boys C	K1	1000m	F1
185	11:09	Boys C	K1	1000m	F2
186	11:15	Girls D	K1	1000m	H1
187	11:18	Girls D	K1	1000m	H2
188	11:21	Girls D	K1	1000m	H3
189	11:30	Mens A/B	K1	200m	H1
190	11:33	Mens A/B	K1	200m	H2
191	11:36	Womens A/B	K1	200m	F
192	11:39	Canoes A/B	C1	200m	F
193	11:48	Boys D	K4	1000m	F
194	11:51	Womens C	K1	1000m	F
195	11:54	Women Ladies B	K1	1000m	F
196	11:57	Womens D	K1	1000m	F
197	12:03	Boys A	K2	1000m	F
198	12:06	Girls A	K2	1000m	F
199	12:09	Canoe C/D	C2	1000m	F
200	12:15	Girls B	K1	1000m	F
201	12:18	Girls C	K1	1000m	F1
202	12:21	Girls C	K1	1000m	F2
203	12:30	Mens A/B	K1	200m	F1
204	12:33	Mens A/B	K1	200m	F2
205	12:39	Boys C	K2	1000m	H1
206	12:42	Boys C	K2	1000m	H2
207	12:45	Boys B	K2	1000m	F
208	12:48	Boys D	K2	1000m	H1
209	12:51	Boys D	K2	1000m	H2
210	12:54	Boys D	K2	1000m	H3

## Sunday - Timetable

138	08:30	Boys D	K1	1000m	H1
139	08:33	Boys D	K1	1000m	H2
140	08:36	Boys D	K1	1000m	H3
141	08:39	Boys D	K1	1000m	H4
142	08:42	Boys D	K1	1000m	H5
143	08:45	Boys D	K1	1000m	H6
144	08:48	Girls D	K2	1000m	F
145	08:54	Boys A	K1	1000m	H1
146	08:57	Boys A	K1	1000m	H2
147	09:00	Mens A	K1	1000m	H1
148	09:03	Mens A	K1	1000m	H2
149	09:06	Mens A	K1	1000m	H3
150	09:09	Mens B	K1	1000m	H1
151	09:12	Mens B	K1	1000m	H2
152	09:15	Canoe A/B	C1	1000m	H1
153	09:18	Canoe A/B	C1	1000m	H2
154	09:24	Boys B	K1	1000m	H1
155	09:27	Boys B	K1	1000m	H2
156	09:30	Boys B	K1	1000m	H3
157	09:33	Boys C	K1	1000m	H1
158	09:36	Boys C	K1	1000m	H2
159	09:39	Boys C	K1	1000m	H3
160	09:42	Boys C	K1	1000m	H4
161	09:45	Girls B/C	K4	1000m	F
162	09:51	Womens A/B	K1	1000m	F
163	09:54	Boys A	K1	1000m	F1
164	09:57	Boys A	K1	1000m	F2
165	10:03	Mens A	K1	1000m	F1
166	10:06	Mens A	K1	1000m	F2
167	10:09	Mens B	K1	1000m	F
168	10:12	Girls A	K1	1000m	F
169	10:15	Canoe A/B	C1	1000m	F1
170	10:18	Canoe A/B	C1	1000m	F2
171	10:21	Boys D	K1	1000m	F1
172	10:24	Boys D	K1	1000m	F2
173	10:27	Boys D	K1	1000m	F3
174	10:33	Masters C/D	K2	1000m	F
175	10:36	Mens C	K1	1000m	F
176	10:39	Girls C	K1	1000m	H1
177	10:42	Girls C	K1	1000m	H2
211	13:18	Girls D	K1	1000m	F1
212	13:21	Girls D	K1	1000m	F2
213	13:27	Canoe C	C1	1000m	F
214	13:30	Mens D	K1	1000m	F
215	13:33	Canoe A/B	C2	1000m	F
216	13:36	Mens B	K2	1000m	F
217	13:39	Girls C	K2	1000m	H1
218	13:42	Girls C	K2	1000m	H2
219	13:48	Boys C	K2	1000m	F
220	13:51	Womens C/D	K2	1000m	F
221	13:57	Boys A	K4	1000m	F
222	14:03	Masters A	K1	1000m	F
223	14:06	Masters B	K1	1000m	F
224	14:09	Masters C	K1	1000m	F
225	14:12	Masters D	K1	1000m	F
226	14:15	Girls B	K2	1000m	F
227	14:21	Girls D	K4	1000m	F
228	14:27	Boys D	K2	1000m	F1
229	14:30	Boys D	K2	1000m	F2
230	14:36	Paddlability	K1	500m	F1
231	14:39	Paddlability	K1	500m	F2
232	14:42	Paddlability	K1	500m	F3
233	14:45	Canoe C/D	C4	1000m	F
234	14:48	Girls C	K2	1000m	F
235	14:51	Boys B	K4	1000m	F
236	15:00	Mens A/B	K1	5 Km	F
237	15:03	Womens A/B	K1	5 Km	F
238	15:06	Canoe A/B	C1	5 Km	F

### 13:00 Prize Giving by SRC Chairman Junior Certificates

### Dates:

8 & 9 May, 5 & 6 June,  
3 & 4 July, 4 & 5 Sept 2010



## **BCU Regatta “Liability” Statement**

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports.

In all cases competitors compete entirely at their own risks.

Each of the Regatta Organisation, the Sprint Racing Executive, the British Canoe Union exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

All competitors must be **current** comprehensive members of the British Canoe Union expert for juniors ranked in ‘Girls D’ or ‘Boys D’ who are members of clubs with registered juniors sections.

Regatta Entries are accepted on the basis that each competitor and Parent/Guardian of a junior is aware of and has accepted the above conditions. Team Leaders are requested to ensure that all of their club competitors are aware of and accept the above statements.

**Particular attention is drawn to safety requirements**, especially the need for adequate buoyancy in all boats.

**Sufficient fixed buoyancy must be securely fitted to all boats they are allowed on the water.** Severe penalty points (and disqualification) will be incurred by all those ignoring this requirement. This is intended to ensure the safety of all those on the water.

System for membership for Juniors of a **BCU Affiliated Club**. A junior club member need not be a full member of the BCU in order to race in Junior D Classes. He or she must be a member of his or her club, and the number used for his or her identification will be the club's affiliation number followed by his or her own individual club number.

Should he or she be promoted however, to ‘C’ or above, he or she must then become a full member of the BCU in his or her own right.

It is the responsibility of the Team Leader to advise the Registration Officer of the full BCU Number.



# **BCU Regatta Course Safety Instructions & Information for all Competitors and Umpires**

The BCU Canoe Sprint runs under BCU Sprint Racing competition rules & the NWSC Safety Code for canoeing.

The regatta will endeavour to provide a safe environment within the Water Safety Code although competitors and coaches are specifically reminded that persons using the lake and the adjoining river do so entirely at their own risk and are solely responsible for:

- Their own safety.
- Ensuring that their boats are safe and are prepared to the standards required by the BCU Water Safety Code and the national rules of Racing. Any boat that fails to meet the standard shall be excluded.
- Strict observance of the circulation pattern (see below) and the Water Safety Code.
- Deciding, together with their coaches, whether or not they are competent to use the lake in the prevailing weather conditions.

**Clubs and competitors are also reminded that they must: -**

- Only practice while safety boat on the course.
- Not practice in the race area.
- Make their own safety arrangements before and after the day's racing.
- Canoes that wish to train on the River must make their own safety arrangements. They must also ensure their boat is licensed to be on the River and follow the rules of the river.
- Ensure that all roadways and access routes are kept clear at all times and that they should not park in the Finish/Presentation Stage area. Paddlers should be especially vigilant in the boating/boathouse areas.
- Report all accidents to the Regatta Office.
- Paddlers must display the correct Lane Number.
- Paddlers must wear the correct racing vest/top.
- All paddlers must paddle to the start line **SLOWLY** down next to **Lane 1** to the Starting Line and be very careful, and clear the finish area and lake quickly and safely; you may NOT warm-down in this area.
- Results and Draws will be published inside the main building at the bottom of the stairs by NWCS reception.

**Failure to comply with these rules may lead to the removal of the paddlers or club from the Event.**

## **Points of Danger**

- Great care should be taken when using the starting boats. Note that the pontoon nearest the Finish Tower is only for Umpires and Safety Boats.
- Paddlers must be aware of the potential danger of being blown by the crosswind and capsizes. Paddlers are advised to stop close to the bank.
- Paddlers must take particular care of the stake-boat mooring cables beside the start lines.
- Paddlers must particular care while on the lake.

- **Paddlers must take particular care in the finish area to avoid collisions with other canoes that have just finished, have been warming down or that are returning from the presentation area.**

### **Warming up on Course Lake:**

Please ensure that none of your paddlers uses the lake at all until effective safety cover is in operation by the motorboat team. The regulations mean that no paddling is permitted without appropriate safety boats. We plan to have this in place from 08:00hours on Saturday. On Sunday cover should commence from 30 minutes prior to the first race until the end of the last race. Please ensure that all competitors are aware of the new rule.

### **Speed to get the start points:**

All boats to proceed slowly alongside Lane 1 going down the course and past the Start Line point. And to arrive past the line of Blue Buoys (100 metres above each start line) 5 minutes before "RACE TIME". Listen for race number to be called. Remember race time is shown on the TOD Clock. If a paddler misses its slot, may not be allowed to race.

### **Start:**

All boats shall proceed to the start SLOWLY alongside Lane 1, down the course and past the Start Line point. There have some been some changes to the ICF for the start, as follows:-

"Competitors shall be on the water at the starting area not less than five minutes prior to the specified time of their race. The starting area is defined as being the area of water within 100 metres before the starting line. Two minutes before the defined starting time the competing boats have to take the lane determined in the programme"

In essence this means be at the start in good time, do not paddle too far away, stay within reach of the blue buoys (100 metre line), and get yourself lined up behind the correct lane. Listen for your race number to be called and remember that Regatta Time is shown on the TOD Clock (on the bank next to the start hut). If a paddler misses their start slot they may not be allowed to race. THE STARTERS WILL NOT WAIT.

### **Boat Control:**

This will continue on a random basis at all BCU National Canoe Sprint racing regattas events will, in addition, be subject to the usual weighing of the first few boats in all finals.

### **Warming down on Course Lake:**

All paddlers may warm down by carefully turning below the Finish Line and proceed back to the start line **SLOWLY** down next to **Lane 1**.

### **Safety Boats:**

There are safety boats on the course during racing and the first duty of the umpire and the umpire's launch is to safety of the competitor or any person in difficulty.

### **Cycling, Skating, Rollerblading:**

Cycling, skating, rollerblading etc, is prohibited in all Regatta enclosures in the main boating areas and down the side of Lane one. Cyclists etc, must give way, **at all times and towpath code for cyclists**, to pedestrians and service vehicles of the Regatta and display hazard lights.

### **General Information:**

**Trade Stands** – Duty Manager [NWSC] to collect charges and issue a VAT receipt.

**Anyone found camping in tents, motor homes, caravans or vans anywhere other than the campsite WILL BE REMOVED. Note this is due to the camping licence only including the campsite and ski tow camping area. They are in breach of the licence if they allow camping on the main centre site. Please can you pass this information to all competitions and officials.**

### **Accidents and Emergencies:**

All accidents and emergencies must be reported to a Regatta Official as soon as is practicable. The Official will summon medical support if necessary and will summon any additional support that may be required. The Official will also ensure that the Regatta Organiser / Chief Official and Main Reception Centre are aware of the incident. A written Incident Report MUST be completed by the Team Leader of the appropriate club(s) for all accidents, collisions or capsizes.

### **Medial Support:**

The Main Reception can be contacted Reception Office ☎ 0115 982 1212, next to Boathouse/Regatta Secretary Desk or any Regatta Official radio during racing. A Duty Officer of the NWSC is on call during racing day, contactable through the Centre Reception.

During racing hours will provide medical and first aid facilities at the Main Building. Medical facilities are indented to cover emergencies only.

### **Emergency numbers:**

**Emergency Services**

☎ 999

**Police, Nottinghamshire Authority**

☎ 0115 977 3078

Email [npa@nottinghamshire.pnn.police.uk](mailto:npa@nottinghamshire.pnn.police.uk)

**NWSC Reception Office**

☎ 0115 982 1212

**NHS Direct**

☎ 0845 4647

### **National Water Sports Centre:**

**Adbolton Lane**

Holme Pierrepont

Nottingham

**NG12 2LU**

[www.nationalwatersportsevents.co.uk](http://www.nationalwatersportsevents.co.uk)





## **Duty of Care – ADEQUATE BUOYANCY and SAFETY at NATIONAL REGATTAS**

Team Leaders and paddlers are reminded that, should the weather conditions on the Course Lake prove inclement, it may become necessary to introduce the *mandatory wearing* of Buoyancy Aids/Life Jackets for some or all paddlers.

In such circumstances competitors will not be allowed to go afloat without Life Jackets/Buoyancy Aids that conform to BCU/BCMA STANDARD BA83.

Furthermore the BCU Racing Rules for Regattas require that all kayaks and canoes must have fitted with adequate buoyancy in each craft as in the BCU Racing Handbook.

Team Leaders should ensure that paddlers always bring Buoyancy Aids/Life Jackets and have the correct buoyancy fitted to their boats. Safety rules in the BCU Racing Handbook:-

“that all canoes are fitted with buoyancy, sufficient to ensure that the canoe will remain afloat and support the crew in the event of a capsize.”

“buoyancy will be checked by both systematic and random inspection at launching point. If a boat is found to have insufficient buoyancy, it will be turned back”.

“particular attention is drawn to safety requirements, especially the need for adequate buoyancy in all boats. Sufficient fixed buoyancy must be securely fitted to all boats before they are allowed on the water.”

What to do if anyone takes the swim (capsizes) and you think you may have an infection - go to your doctor and tell him/her that there may be a risk of Weil's Disease/Leptospirosis that must be swiftly diagnosed and treated. Please report any cases of these two to the BCU Office. ☎ 0845 370 9500



**EVERYONE CAN HELP & WANTED** Once again it is time to appeal to the clubs for more assistance in the running of the national competitions. A few people do most of the work prior to the event, but more pairs of hands are needed on the course whilst events are in progress. Please encourage members of your club to offer their help. If you are one of the bigger clubs it would seem fair that more helpers should be forthcoming from you. Please, even if you can only do a few hours each time, that would be a very big help, because without it the programme may be curtailed. My team is always looking for new members and we've introduced a “Buddy” system. So come forward and offer to help - don't complain, help to change.



## GUIDELINES FOR USE OF PHOTOGRAPHIC & FILMING EQUIPMENT

Whilst the BCU recognises that publicity and pictures/ recordings of young people enjoying Paddlesport are essential to promote the sport and a healthy lifestyle, the following guidelines should be observed.

### The key concerns regarding the use of images of children and young people relate to:

- The possible identification of children when a photograph is accompanied by personal information.
- The inappropriate use, adaptation or copying of images for use on child pornography or illegal website.
- The taking of inappropriate photographs or recorded images of children.

### Guidelines for Photographic/ Recorded Images

- Ensure parents/ guardian/ young person have granted their consent for the taking and publication of photographic images.
- All children featured in recordings must be appropriately dressed with outer clothing garments covering torso from at least the bottom of their neck to their thighs (i.e. a minimum of vest/ shirt and shorts).
- The photograph or recording should focus on the activity rather than a particular young person and personal details, which might make the young person vulnerable, such as their exact address, should not be revealed.
- Clubs, coaches and volunteers should be allowed to use video equipment as a legitimate coaching aid and means of recording special occasions however care should be taken in the dissemination and storage of the material.
- You should not use any images of a child or young persons who is the subject of any court order or who has denied you their consent.
- Parents and spectators taking photographs/ recordings should be prepared to identify themselves if requested and state their purpose for photography/ filming.
- Any instances of the use if inappropriate images should be reported to the Club, BCU or the Police.

### Guidelines for Publishing Photographic/ Recorded Images

- If a photograph is used, avoid naming the child by using their first name only. Personal details of children such as an email address, home address and telephone numbers should never be revealed on a website or in print.
- Think about the level of consideration that you give to the use of images in all publications, for example the process used in choosing photographs for a publicity brochure for the club. Apply an increased level of consideration to the images of children used on websites.



## Towpath Code for Cyclists

***The National Water Sports Centre allows cyclists to use the towpath on both sides of the regatta course when weather conditions permit and at their own risk. Cycling can be hazardous so watch out for pedestrians, service vehicles, muddy slopes etc and please be sure to follow the NWSC Code.***

1. Do not ride fast and never race along this towpath
2. Take special care if dogs or other animals are present
3. Track surfaces may be uneven or wet, so watch out for holes, bumps and muddy or slippery patches
4. Ride in single file and not in more than groups of four
5. Always be prepared to stop, dismount and push your bicycle past walkers, particularly when families and young children are present
6. Your bicycle must be fitted with a bell or hooters which you should use to alert other people of your approach, particularly if approaching from behind
7. Always slow down when approaching walkers or anglers. If the path is narrow, it is safer to everyone if you dismount and wheel your cycle past
8. Cyclists etc, must give way, **at all times**, to pedestrians and service vehicles
9. Minimise path erosion by not skidding. Always keep to the path – never cycle on the verge
10. Be especially careful when returning to public roads
11. Check at access points and as you continue whether the path condition is safe and not wet and muddy
12. The towpath is not suitable for organised cycling events (e.g. sponsored rides) but permission might be granted in some cases. Consult the NWSC Office
13. Cyclists are strongly advised to wear an approved safety helmet. Other safety clothing, eg knee / elbow protectors and gloves is also recommended.
14. Follow the cycle code

***You are responsible for your own safety!***

## ICF Rule - Paddling on the Course

In races up to 1000 metres, competitors must keep the whole of their boat within the four-meter wide central area of their lane from the start to the finish of the course. Upon any deviation, the boat must go back immediately to this central area of the lane. No boat must come nearer than five meters in any direction to the boat of another competitor - that is, gunwale to gunwale or bow to stern.

If a boat leaves the centre of the lane and does not return to it, the boat may be disqualified from the event.

A boat which leaves its allocated lane, must be disqualified from the event.

If a race is declared null and void, no change of the composition of a crew permitted at the new start.

If there is a capsized competitor or crew is eliminated from the race.

The Umpire has the right to interrupt a correctly started race if unforeseen hindrances arise. The course umpires with a red flag and sound signal may effect such an interruption. Competitors must immediately stop paddling and await further instructions.

If a paddle is broken a competitor may not be provided with a new one by a supporter.

## ICF Rule - Pacing and wash riding

Taking pace or receiving assistance from boats not in the race or by any other means is not permitted.

When a race is in progress crews not taking part in the race are strictly forbidden to proceed over the whole or part of the course, even outside the marking buoys.

## ICF Rule - Competitions on Long Distances

Races of more than 1000 meters distance.

In races of more than 1000m competitors may deviate from their lane, providing they do not impede other competitors.

When a race is run on a course with turning points, these shall be passed to port (ie in an anti-clock wise direction).

A competitor will not be disqualified for touching a turning point buoy, unless, in the opinion of the Turning Point Umpires, an advantage has been gained there from. In making a turn, the boat shall follow as closely as possible the course as marked by the buoys at the turning point.

If there is a capsized competitor or crew is eliminated from the race if he/she or they are not able to get in the boat without outside help.

Any competitor who is responsible for a collision of who damages the canoe or kayak or paddle of another can be disqualified and can be required to pay damages.





## **PASTA & PINT NIGHT**

**10<sup>th</sup> APRIL 2010  
REGATTA BAR**

**£6.25 PER PERSON  
HALF PORTION FOR CHILDREN £3.25 EACH**

### **PAY AT THE BAR AND PICK A DRINK**

A PINT OF LAGER, BITTER OR CIDER  
A PINT OF COKE, LEMONADE OR SQUASH  
A CUP OF FRESHLY BREWED TEA OR  
COFFEE

### **TAKE YOUR TICKET TO THE HOT COUNTER AND CHOOSE YOUR MEAL**

BEEF LASAGNE WITH HERB BREAD  
OR  
PASTA PEPPERONNATA WITH GRISSINI  
STICKS AND PARMESAN  
OR  
MUSHROOM AND SPINACH LASAGNE WITH  
HERB BREAD

### **ENJOY YOUR MEAL AND THE ENTERTAINMENT**

**Food available 18:00hrs till 21:00hrs**



# BCU National Canoe Sprint Racing Regatta

## 10 & 11 April 2010

8am at Team Leaders Meeting

### SATURDAY - Timetable

**Qualification for finals** - Please ensure competitors are aware that **Draws** for the finals of **ALL** events (except Mens A, Womens A, Boys & Girls A Classes which are based on place) will be based on times.

**RACE 001 Boys A K1 - 500m Heat 1**

09:45 1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2

1	MAI	T KINGSTON
2	CLM	A KIRKWOOD
3	GAI	M CLIVE
4	RDG	N KIRSCHSTEIN
5	CLM	P WILKES
6	MAI	P BANNISTER
7	BUR	M BOWLEY

8  
9

**RACE 002 Boys A K1 - 500m Heat 2**

09:48 1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2

1	BOA	J WEBSTER
2	SLP	L FEELY
3	CLM	M WILKES
4	SLP	T BRENNAN
5	RDG	B COLYER
6	WOR	J TYE

7  
8  
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**RACE 003 Boys A K1 - 500m Heat 3**

09:51 1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2

	ROY	G STANDEVEN
2	NOR	A HICKS
3	ROY	S DIXON
4	SLP	J MURPHY
5	CEL	M FITZSIMONS
6	SLP	A SWEENEY

7  
8  
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**RACE 004 Mens A K1 - 500m Heat 1**

09:54 1<sup>st</sup> / 2<sup>nd</sup> plus BT to Final 1, 3<sup>rd</sup> & 4<sup>th</sup> plus BT to Final 2

1	WEY	M WELCH
2	WEY	D TERRY
3	ELM	B BROWN
4	ADS	T HIDE
5	SLP	B WATKINS
6	RDG	A DANIELS
7	CEL	S MARCHETTI

8  
9

**RACE 005 Mens A K1 - 500m Heat 2**

09:57 1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2

	WEY	M CHILDERSTONE
2	ELM	E RUTHERFORD
3	LBZ	B HAYNES
4	ELM	R BEER
5	NOT	T BRABANTS
6	ROY	J BOYTON
7	RIC	B IRVINE

8  
9

**RACE 006 Mens A K1 - 500m Heat 3**

10:00 1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2

1	WEY	P WYCHERLEY
2	RIC	M CSOKASI
3	NOR	T PENDLE
4	BOA	T SIMMONS
5	ELM	B FARRELL
6	CLM	S HASTINGS

7  
8  
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**RACE 007 Womens A/B K1 - 500m Heat 1**

10:03 1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2

1	ELM	L SAWERS
2	ROY	R ROWE
3	WEY	R CAWTHORN
4	NOT	A HANNAH
5	ROY	L BROWN
6	WEY	P AYRES
7	NOT	V TOWERS
8	NOT	H MASON
9	ADS	M MIDDLEHURST

**RACE 008 Womens A/B K1 - 500m Heat 2**

10:06 1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2

1	ELM	L BELCHER
2	SLP	J EGAN
3	WEY	A EDMONDS
4	RDG	J COLLINS
5	IND	C BURKILL
6	ROY	J WALKER
7	EXE	J HAWKEY
8	IND	K WOOLFORD

9

**RACE 009 Mens B K1 - 500m Heat 1**

10:09

1	CEL	F MITCHELL
2	WOR	B TURAN
3	CDF	S JURY
4	NOR	B BRADSHAW
5	NOT	J YOUNG
6	EXE	T SHARPE
7	RLS	A HERBENT

8  
9

**RACE 010 Mens B K1 - 500m Heat 2**

10:12

1	RLS	R FARRINGTON
2	SLP	D PRINGLE
3	WEY	P YATES
4	WOR	S WEST
5	CEL	D FLEMING
6	RIC	I DOMONKOS

7  
8  
9

**RACE 011 Mens B K1 - 500m Heat 3**

10:15

1	RUN	J MAYERS
2	RDG	P EDE
3	SLP	L O-SULLIVAN
4	MAI	A JORDAN
5	CEL	G BUGGY
6	CDF	E EVANS

7  
8  
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**RACE 012 Masters A/B/C/D K4 - 500m FINAL**

10:21  
1 LIN CARTER/GARDNER  
SMITH(RAF)/RENNOCKS  
2 WOR BIRD/CAVE  
HOLMES/PHILLIPS  
3  
4  
5  
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**RACE 013 Canoe C/D C4 - 500m FINAL**

10:24  
1 FLA WORTHINGTON/BAILEY  
TULLET/  
2  
3  
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**RACE 014 Girls D K1 - 500m Heat 1**

10:27  
1 BAN N MCLEAN  
2 ELM A LUFKIN  
3 LBZ J CURTIS  
4 LBZ A ELLIOTT  
5 HER B JONES  
6 LBZ E EWINGTON  
7 ELM A SOLWAY  
8 LIN R JONES  
9

**RACE 015 Girls D K1 - 500m Heat 2**

10:30  
1 WOK S KABEER  
2 SLP A KELLY  
3 NOR A RIX  
4 SLP M HENNIGAN  
5 BUR S ROBERTS  
6 WEY R LIPSCOMBE  
7 ROY L RUFF  
8  
9

**RACE 016 Girls D K1 - 500m Heat 3**

10:33  
1 ELM E PIERCY  
2 NOR L LEE-SMITH  
3 ELM E WILLIAMS  
4 RDG E CHALK  
5 RUN C BROOKES  
6 ELM H PIPE  
7 LON M BARNICOAT  
8  
9

**RACE 017 Girls D K1 - 500m Heat 4**

10:36  
1 BUR L BARKER  
2 LBZ H CROCKER  
3 RIC F MERRY  
4 BSF A SOLLARS  
5 LBZ K FOLEY  
6 BSF E GURNEY  
7 ELM K PIPE  
8  
9

**RACE 018 Boys D K2 - 500m Heat 1**

10:39  
1 BOA ESCOTT/FLACK  
2 SLP BURKE/DEVENNEY  
3 BSF O-SULLIVAN/WILSON(CLM)  
4 RDG TOD/FOSTER  
5 LIN QUITTENTON/HARLEY-BECKETT  
6 LBZ CROCKER/ROBINSON  
7 SLP MAC-GIOLLAPHADRAIG/FORRISTAL(TTN)  
8  
9

**RACE 019 Boys D K2 - 500m Heat 2**

10:42  
1 NOT CHIMIEL/CHIMIEL  
2 SLP DEVENNEY/O-CASSAIDE  
3 SLP O-HAGAN/CROC  
4 CLM CAWSTON/JOHNSON  
5 LON HARDING/GREGORY(WOK)  
6 WOR KNEEN/JONES(HER)  
7 LIN HARLEY-BECKETT/GRAY  
8  
9

**RACE 020 Boys D K2 - 500m Heat 3**

10:45  
1 SLP GRIMES/  
2 LIN TOWERS/BULLIVANT  
3 LBZ WESTWOOD/EWINGTON  
4 WOR CAVE/WILLIAMS  
5 WEY FREEBODY/TOZER  
6 ELM SOLWAY/THOMAS  
7 RIC ROMAIN/DABORN  
8  
9

**RACE 021 Canoe A/B C1 - 500m Heat 1**

10:51 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
1 NOT M SANTOS COSTA  
2 RLS J VORBERGER  
3 IND P HOGBEN  
4 RLS A STANNARD  
5 FLA J STYAN  
6 FLA J TRAIN  
7 NOT J HOYES  
8  
9

**RACE 022 Canoe A/B C1 - 500m Heat 2**

10:54 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
1 NOT M SOLLARS  
2 RIC K YURKWICH  
3 FLA C CALVERT  
4 FLA M TRAIN  
5 LBZ M LAWRENCE  
6 IND B JEFFRIES  
7 NOT R JEFFRIES  
8  
9

**RACE 023 Girls A K1 - 500m FINAL**

10:57  
1 RUN J ILLIDGE  
2 WOR E LEWIS  
3 BAN S ROONEY  
4 ELM K TROTTER  
5 ELM A WARD  
6 ELM K WILLIAMS  
7  
8  
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**RACE 024 Boys A K1 - 500m FINAL 1**

11:00  
1  
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**RACE 025** Boys A K1 - 500m **FINAL 2**  
11:03  
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**RACE 026** Mens A K1 - 500m **FINAL 1**  
11:06  
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**RACE 027** Mens A K1 - 500m **FINAL 2**  
11:09  
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**RACE 028** Womens A/B K1 - 500m **FINAL 1**  
11:12  
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**RACE 029** Womens A/B K1 - 500m **FINAL 2**  
11:15  
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**RACE 030** Mens B K1 - 500m **FINAL 1**  
11:18  
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**RACE 031** Mens B K1 - 500m **FINAL 2**  
11:21  
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**RACE 032** Paddlability K2 - 500m **FINAL**  
11:27  
1 NWK BAINES/HEWITT  
2 RLS WOOD(SGB)/  
3 NWK OWEN/BROOME  
4 NWK BENTLEY(TRE)/HASSELL  
5 MAI TAYLOR/  
6 RLS SMITH(SGB)/OSMOND(SGB)  
7 PEN GARDNER/WEBB  
8 NWK OLDHAM/  
9 HYM ROBINSON/

**RACE 033** Boys C K2 - 500m **Heat 1**  
11:33  
1 CLM WALKINTON/DUFFIELD  
2 BOA ESCOTT/ESCOTT  
3 ELM CONNELL/ARCHER  
4 WEY MEDLICOTT/BEEVERS  
5 SLP BURKE/  
6 WOR MITCHELL/  
7  
8  
9

**RACE 034** Boys C K2 - 500m **Heat 2**  
11:36  
1 CLM JOHNSON/MITCHELL  
2 NOR NOBBS/STRONG  
3 ELM ILLINESI/SHIEL  
4 BAS REES-CLARK/DOBSON(DEV)  
5 WEY HODGSON/HAWS  
6  
7  
8  
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**RACE 035** Girls C K1 - 500m **Heat 1**  
11:39  
1 BUR S WALTERS  
2 BAN A MURPHY  
3 FOX L GREEHY  
4 RDG S COLLINS  
5 RDG A DILLON  
6 RUN A WIGNALL  
7 RDG F JAYNE-COUBE  
8 NOR S TERRY  
9 BAN K STONE

**RACE 036** Girls C K1 - 500m **Heat 2**  
11:42  
1 LIN E TONNER  
2 RIC R KILLIP  
3 FLA J TRAIN  
4 RDG K JAYNE-COUBE  
5 ROY G FARRINGTON  
6 RDG H SEALEY  
7 WOR E ANDREWS  
8 RIC E ROMAIN  
9 ROY N WILLIAMS

**RACE 037** Girls C K1 - 500m **Heat 3**  
11:45  
1 LBZ J CAMPBELL  
2 BAN R SEIKA  
3 SHR E BARNES  
4 RDG A OWEN  
5 LBZ L OXTOBY  
6 WEY M DE FERRER  
7 NOR H HICKS  
8 ROY E DRIVER  
9 ELM E CARSON

**RACE 038** Girls B K1 - 500m **Heat 1**  
11:48  
1 ELM E ILLINESI  
2 BAN L FERGUSON  
3 WEY M DE FERRER  
4 ADS B OWEN  
5 LBZ C ELLIS  
6 BSF R PINNOCK  
7 WEY V CROUCHER  
8 ROY R VORLEY  
9 ELM M HANLON

**RACE 039** Girls B K1 - 500m Heat 2  
11:51  
1 BAS I SMITH  
2 BAS N SMITH  
3 RDG I COLLINS  
4 WEY A HAWS  
5 ROY G RUFF  
6 ELM A SHIEL  
7 WEY H CHILDERSTONE  
8 ROY S BEER  
9 WOR E HAWTHORN

**RACE 040** Canoe A/B C1 - 500m FINAL 1  
12:00  
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**RACE 041** Canoe A/B C1 - 500m FINAL 2  
12:03  
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**RACE 042** Girls D K1 - 500m FINAL 1  
12:06  
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**RACE 043** Girls D K1 - 500m FINAL 2  
12:09  
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**RACE 044** Boys D K2 - 500m FINAL 1  
12:12  
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**RACE 045** Boys D K2 - 500m FINAL 2  
12:15  
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**RACE 046** Boys A K2 - 500m FINAL  
12:18  
1 ROY DIXON/STANDEVEN  
2 SLP FEELY/SWEENEY  
3 SLP BRENNAN/MURPHY  
4 CLM WILKES/KIRKWOOD  
5  
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**RACE 047** Masters Womens B K1 - 500m FINAL  
12:21  
1 LIN A MYLETT  
2 WOR J MORAN  
3 FOX J GOWER  
4 LIN D QUITTENTON  
5 NOR J HICKS  
6  
7  
8  
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**RACE 048** Womens C K1 - 500m FINAL  
12:24  
1 WOR C MORAN  
2 RUN M DILAI  
3 WEY C THOMAS  
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**RACE 049** Womens D K1 - 500m FINAL  
12:27  
1 WOK S RIPPINGTON  
2 BAS K LAMBERT  
3 BSF M DUNCAN  
4 HYM A JUDGE  
5  
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**RACE 050** Canoe C C1 - 500m FINAL  
12:33  
1 WEY J SEAMAN  
2 BSF A CAYFORD  
3 WEY A BONHAM  
4 RIC M DUCK  
5  
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**RACE 051** Canoe D C1 - 500m FINAL  
12:36  
1 FLA E WORTHINGTON  
2 CLM L SUTTLE  
3 FLA Z BAILEY  
4  
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**RACE 052** Boys C K2 - 500m FINAL  
12:39  
1  
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**RACE 053 Boys B K2 - 500m FINAL**

12:42  
 1 WOR SNEDDON/STAINES  
 2 WOR BIRD/TYSOE  
 3 WEY CHILDERSTONE/WELCH  
 4 CLM STANWAY/CREAMER(LBZ)  
 5 RDG FOSTER/POTTERTON  
 6 RIC LAVARACK/HENMAN  
 7  
 8  
 9

**RACE 054 Paddlability K2 - 200m FINAL 1**

12:48  
 1 HYM ROBINSON/  
 2 NWK BAINES/HEWITT  
 3 PEN GARDNER/WEBB  
 4 NWK OLDHAM/  
 5 MAI TAYLOR/  
 6  
 7  
 8  
 9

**RACE 055 Paddlability K2 - 200m FINAL 2**

12:51  
 1 RLS WOOD(SGB)/  
 2 NWK BENTLEY(TRE)/HASSELL  
 3 NWK OWEN/BROOME  
 4 RLS SMITH(SGB)/OSMOND(SGB)  
 5 NWK CHETTLE/BAGSHAW  
 6  
 7  
 8  
 9

**RACE 056 Mens A/B & Masters A K1 - 200m Heat 1**

13:00 *1<sup>st</sup> / 2<sup>nd</sup> plus BT to Final 1 and 3<sup>rd</sup> / 4<sup>th</sup> plus BT to Final 2*  
 1 WEY L HEATH  
 2 WEY P YATES  
 3 ELM R BEER  
 4 WEY E COX  
 5 CEL G BUGGY  
 6 CEL F MITCHELL  
 7 CDF S JURY  
 8 WOR B TURAN  
 9 NOR B BRADSHAW

**RACE 057 Mens A/B & Masters A K1 - 200m Heat 2**

13:03 *1<sup>st</sup> / 2<sup>nd</sup> plus BT to Final 1 and 3<sup>rd</sup> / 4<sup>th</sup> plus BT to Final 2*  
 1 CAM R SMITH  
 2 CEL D FLEMING  
 3 NOT J YOUNG  
 4 BEL D WOUTER  
 5 SLP B WATKINS  
 6 ELM B FARRELL  
 7 RIC B IRVINE  
 8 RLS A HERBENT  
 9 CDF E EVANS

**RACE 058 Mens A/B & Masters A K1 - 200m Heat 3**

13:06 *1<sup>st</sup> / 2<sup>nd</sup> plus BT to Final 1 and 3<sup>rd</sup> / 4<sup>th</sup> plus BT to Final 2*  
 1 WEY M LAMBERT  
 2 WEY R AYRES  
 3 BOA E MCKEEVER  
 4 RDG P EDE  
 5 SLP P EGAN  
 6 WEY J SIMMONS  
 7 CEL S MARCHETTI  
 8 WEY M WELCH  
 9

**RACE 059 Mens A/B & Masters A K1 - 200m Heat 4**

13:09 *1<sup>st</sup> / 2<sup>nd</sup> plus BT to Final 1 and 3<sup>rd</sup> / 4<sup>th</sup> plus BT to Final 2*  
 1 RIC B STEAD  
 2 RLS R FARRINGTON  
 3 CLM S MOULE  
 4 SOR J SCHOFIELD  
 5 CLM K MOULE  
 6 RDG A DANIELS  
 7 SLP D PRINGLE  
 8 SLP L O-SULLIVAN  
 9

**RACE 060 Womens A/B K1 - 200m Heat 1**

13:12 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 NOT H MASON  
 2 NOT V TOWERS  
 3 ROY L BROWN  
 4 SLP J EGAN  
 5 WEY R CAWTHORN  
 6 ELM L SAWERS  
 7 IND C BURKILL  
 8 NOT A HANNAH  
 9

**RACE 061 Womens A/B K1 - 200m Heat 2**

13:15 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 WEY P AYRES  
 2 ROY J WALKER  
 3 EXE J HAWKEY  
 4 WEY A EDMONDS  
 5 ELM L BELCHER  
 6 RDG J COLLINS  
 7 IND K WOOLFORD  
 8  
 9

**RACE 062 Canoe A/B C1 - 200m Heat 1**

13:18 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 RLS A STANNARD  
 2 FLA C CALVERT  
 3 RLS J VORBERGER  
 4 IND B JEFFRIES  
 5 NOT M SOLLARS  
 6 NOT R JEFFRIES  
 7 FLA J TRAIN  
 8  
 9

**RACE 063 Canoe A/B C1 - 200m Heat 2**

13:21 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 FLA J STYAN  
 2 FLA M TRAIN  
 3 LBZ M LAWRENCE  
 4 RIC K YURKWICH  
 5 IND P HOGBEN  
 6 NOT M SANTOS COSTA  
 7 NOT J HOYES  
 8  
 9

**RACE 064 Boys A K1 - 200m Heat 1**

13:24 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 MAI T KINGSTON  
 2 CDF M ROBINSON  
 3 CLM A KIRKWOOD  
 4 NOR A HICKS  
 5 GAI M CLIVE  
 6 BOA A BAKER  
 7 RIC J HENMAN  
 8 MAI P BANNISTER  
 9

**RACE 065 Boys A K1 - 200m Heat 2**

13:27 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
 1 BAN I WEIR  
 2 RDG B COLYER  
 3 ROY G STANDEVEN  
 4 WOR J TYE  
 5 CLM P WILKES  
 6 CKP G BARNICOAT  
 7 SLP L BANKS  
 8  
 9

**RACE 066 Girls C K1 - 500m FINAL 1**

13:30  
 1  
 2  
 3  
 4  
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<b>RACE 067</b> 13:33	<b>Girls C K1 - 500m</b>	<b>FINAL 2</b>	<b>RACE 074</b> 13:54	<b>Boys B K1 - 500m</b>	<b>Heat 2</b>
1			1	LBZ R CREAMER	
2			2	WOR D STAINES	
3			3	RIC J HENMAN	
4			4	CLM T STANWAY	
5			5	LBZ D FOLEY	
6			6	CDF M ROBINSON	
7			7	BAN M MCLEAN	
8			8		
9			9		
<b>RACE 068</b> 13:36	<b>Girls B K1 - 500m</b>	<b>FINAL</b>	<b>RACE 075</b> 13:57	<b>Boys B K1 - 500m</b>	<b>Heat 3</b>
1			1	WOR D TYSOE	
2			2	BSF J FITZPATRICK	
3			3	WEY C WELCH	
4			4	CKP G BARNICOAT	
5			5	WEY J CHILDERSTONE	
6			6	SLP M BURKE	
7			7		
8			8		
9			9		
<b>RACE 069</b> 13:39	<b>Boys C K1 - 500m</b>	<b>Heat 1</b>	<b>RACE 076</b> 14:00	<b>Girls D K4 - 500m</b>	<b>FINAL</b>
1	WEY S MEDLICOTT		1	LBZ EWINGTON/ELLIOTT	
2	ELM T SHIEL		2	ELM CROCKER/FOLEY	
3	ELM H ARCHER			PIPE/WILLIAMS	
4	NOR A NOBBS			SOLWAY/LUFKIN	
5	DEV E DOBSON		3		
6	ROY B FINNIS		4		
7	NOR S STRONG		5		
8	RLS J STANNARD		6		
9			7		
<b>RACE 070</b> 13:42	<b>Boys C K1 - 500m</b>	<b>Heat 2</b>	8		
1	WEY J BEEVERS		9		
2	ELM M CONNELL		<b>RACE 077</b> 14:03	<b>Boys D K1 - 500m</b>	<b>Heat 1</b>
3	BOA T ESCOTT		1	ELM E SOLWAY	
4	TRE C SUNDERLAND		2	BOA M FLACK	
5	CLM D JOHNSON		3	HER B JONES	
6	WOR R SNEDDON		4	ROY D VORLEY	
7	CLM J WALKINTON		5	SLP A FORRISTAL	
8	LBZ S PLUMMER		6	TRE P SUNDERLAND	
9			7	BAN J PALFREY	
<b>RACE 071</b> 13:45	<b>Boys C K1 - 500m</b>	<b>Heat 3</b>	8	NOT T CHIMIEL	
1	PEN R JEFFERIES		9		
2	WEY E HAWS		<b>RACE 078</b> 14:06	<b>Boys D K1 - 500m</b>	<b>Heat 2</b>
3	BOA J ESCOTT		1	RIC M LAVARACK	
4	MAI W RICHARDS		2	RIC T DABORN	
5	ELM P ILLINESI		3	CEL M VERDON	
6	RDG S KIRSCHSTEIN		4	SLP F DEVENNEY	
7	WOR W BIRD		5	WOR S WILLIAMS	
8			6	SLP D DEVENNEY	
9			7	SLP C BURKE	
<b>RACE 072</b> 13:48	<b>Boys C K1 - 500m</b>	<b>Heat 4</b>	8	LIN C GRAY	
1	WOR G MITCHELL		9		
2	CLM D MITCHELL		<b>RACE 079</b> 14:09	<b>Boys D K1 - 500m</b>	<b>Heat 3</b>
3	BAS M REES-CLARK		1	HYM L ROBINSON	
4	RDG J FOSTER		2	LBZ D CROCKER	
5	WEY O HODGSON		3	SLP J O-HAGAN	
6	CEL T DALY		4	LBZ J WESTWOOD	
7	BAN I WEIR		5	WOR R CAVE	
8			6	LIN S TOWERS	
9			7	RDG M TOD	
<b>RACE 073</b> 13:51	<b>Boys B K1 - 500m</b>	<b>Heat 1</b>	8	RDG J FOSTER	
1	LIN E QUITTENTON		9		
2	RDG T KIRSCHSTEIN				
3	SLP L BANKS				
4	RDG A POTTERTON				
5	NOR O RIX				
6	BOA A BAKER				
7	CEL D MITCHELL				
8					
9					

**RACE 080** Boys D K1 - 500m Heat 4  
14:12  
1 RIC N ROMAIN  
2 ELM A THOMAS  
3 LIN J HARLEY-BECKETT  
4 CLM A WILSON  
5 SLP C CROC  
6 CLM M JOHNSON  
7 BSF M PARKES  
8 LIN C HARLEY-BECKETT  
9

**RACE 081** Boys D K1 - 500m Heat 5  
14:15  
1 CKP J ALLEN  
2 WEY C FREEBODY  
3 LON M GREGORY  
4 SLP I MAC-GIOLLAPHADRAIG  
5 SLP D GRIMES  
6 CLM L DUFFIELD  
7 SLP B O-CASSAIDE  
8 WEY T TOZER  
9

**RACE 082** Boys D K1 - 500m Heat 6  
14:18  
1 LBZ J EWINGTON  
2 NOT Z CHIMIEL  
3 SLP D O-REILLY  
4 WOR J KNEEN  
5 CLM H CAWSTON  
6 TRE A HAIGH  
7 BSF J O-SULLIVAN  
8  
9

**RACE 083** Boys D K1 - 500m Heat 7  
14:21  
1 CEL M HARTNETT  
2 LIN P QUITTENTON  
3 LIN S BULLIVANT  
4 BOA L ESCOTT  
5 LBZ A ROBINSON  
6 NOR J RIX  
7 LON L HARDING  
8  
9

**RACE 084** Masters C/D K2 - 500m FINAL  
14:24  
1 BSF SURRAGE/DUNCAN  
2 LIN OLIVER/MYLETT  
3 LIN JARRATT/GARDNER  
4 RDG POTTERTON/RALPH  
5 BAN GALLIMORE/CHANDLER(RAF)  
6  
7  
8  
9

**RACE 085** Masters A/B K2 - 500m FINAL  
14:27  
1 LIN CARTER/RENNOCKS  
2 WOR BIRD/CAVE  
3 GAI BAUGH/BLACKMAN  
4  
5  
6  
7  
8  
9

**RACE 086** Mens A/B & Maters A K1 - 200m FINAL 1  
14:33  
1  
2  
3  
4  
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6  
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8  
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**RACE 087** Mens A/B & Masters A K1 - 200m FINAL 2  
14:36  
1  
2  
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**RACE 088** Womens A/B K1 - 200m FINAL 1  
14:39  
1  
2  
3  
4  
5  
6  
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8  
9

**RACE 089** Womens A/B K1 - 200m FINAL 2  
14:42  
1  
2  
3  
4  
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**RACE 090** Canoe A/B C1 - 200m FINAL 1  
14:45  
1  
2  
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9

**RACE 091** Canoe A/B C1 - 200m FINAL 2  
14:48  
1  
2  
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8  
9

**RACE 092** Boys A K1 - 200m FINAL 1  
14:51  
1  
2  
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**RACE 093** Boys A K1 - 200m FINAL 2  
14:54  
1  
2  
3  
4  
5  
6  
7  
8  
9





**RACE 120 Paddlability K1 - 500m FINAL 1**  
16:18  
1 RLS K SMITH  
2 NWK H BAGSHAW  
3 NWK T CHETTLE  
4 RLS H OSMOND  
5 HYM C ROBINSON  
6 PEN S JELLY  
7 PEN J SMITH  
8 NWK K OWEN  
9 PEN J SAVOURY

**RACE 121 Paddlability K1 - 500m FINAL 2**  
16:21  
1 MAI M TAYLOR  
2 PEN S BEYNON  
3 NWK D DOWNING  
4 NWK T JACKSON  
5 NWK K HASSELL  
6 PEN L GARDNER  
7 PEN R WEBB  
8 NWK M BAINES  
9 PEN R PHIBBINS

**RACE 122 Paddlability K1 - 500m FINAL 3**  
16:24  
1 PEN W BROWN  
2 NWK M HEWITT  
3 NWK J OLDHAM  
4 NWK J BROOME  
5 PEN A WILLIAMS  
6 RLS R WOOD  
7 NWK C BENTLEY  
8  
9

**RACE 123 Masters A K1 - 500m FINAL**  
16:30  
1 WOR T PHILLIPS  
2 SOR N BLACKMAN  
3 CAM R SMITH  
4 SLP M BURKE  
5  
6  
7  
8  
9

**RACE 124 Masters C K1 - 500m FINAL**  
16:33  
1 RDG T POTTERTON  
2 ROY A RUFF  
3 RUN S NIXON  
4 NOT M NADAL  
5 BOA S DARLING  
6 TRE P ROBERTS  
7 BAN D GALLIMORE  
8  
9

**RACE 125 Boys B/C K4 - 500m FINAL**  
16:39  
1 ELM ILLINESI/SHIEL  
CONNELL/ARCHER  
2 CLM JOHNSON/WALKINTON  
MITCHELL/DUFFIELD  
3 WEY HAWS/HODGSON  
BEEVERS/MEDLICOTT  
4 WOR SNEDDON/STAINES  
MITCHELL/ROBINSON(CDF)  
5 RIC HENMAN/LAVARACK  
DABORN/ROMAIN  
6 WOR BIRD/CAVE  
WILLIAMS/  
7  
8  
9

**RACE 126 Masters D K1 - 500m FINAL**  
16:42  
1 BSF P SURRAGE  
2 LBZ C ELLIOTT  
3 LIN R OLIVER  
4 FOX T PENN  
5 BSF J BRETT  
6 LIN J RENNOCKS  
7 LON R KELLY  
8 NOT P MIETUS  
9

**RACE 127 Mens C K1 - 500m FINAL**  
16:45  
1 BSF I SEWEL  
2 SOR T GODLEMAN  
3 ELM J O-GRADY  
4 RDG J KEEBLE  
5 RDG C LOFTHOUSE  
6 LBZ D SLIGHT  
7  
8  
9

**RACE 128 Mens D K1 - 500m FINAL**  
16:48  
1 BOA I BAKER  
2 TRE G HAIGH  
3 GAI G FERGUSON  
4 BUR M WALTERS  
5  
6  
7  
8  
9

**RACE 129 Masters B K1 - 500m FINAL**  
16:51  
1  
2  
3  
4  
5  
6  
7  
8  
9

**RACE 130 Girls C K2 - 500m FINAL**  
17:00  
1 RDG DILLON/JAYNE-COUCPE  
2 RDG SEALEY/JAYNE-COUCPE  
3 NOR HICKS/TERRY  
4 FOX GREEHY/  
5 BAN STONE/SEIKA  
6 SHR BARNES/WALTERS(BUR)  
7 RDG OWEN/COLLINS  
8 WEY DE FERRER/LIPSCOMBE  
9 ROY FARRINGTON/WILLIAMS

**RACE 131 Girls B K2 - 500m FINAL**  
17:03  
1 BAS SMITH/SMITH  
2 RDG COLLINS/CHILDERSTONE(WEY)  
3 ELM SHIEL/HANLON  
4 ROY VORLEY/RUFF  
5 WOR HAWTHORN/PINNOCK(BSF)  
6 WEY CROUCHER/HAWS  
7 RIC ROMAIN/KILLIP  
8 ELM ILLINESI/  
9 LBZ ELLIS/CAMPBELL

**RACE 132 Boys D K4 - 500m FINAL**  
 17:06  
 1 WEY FREEBODY/TOZER  
 HAWS/  
 2 SLP O-HAGAN/DEVENNEY  
 BURKE/CROC  
 3 LBZ CROCKER/ROBINSON  
 WESTWOOD/EWINGTON  
 4 SLP MAC-GIOLLAPHADRAIG/GRIMES  
 O-REILLY/O-CASSAIDE  
 5 CLM CAWSTON/JOHNSON  
 WILSON/  
 6  
 7  
 8  
 9

**RACE 133 Canoe C C1 - 200m FINAL**  
 17:12  
 1 CLM L SUTTLE  
 2 BSF A CAYFORD  
 3 BAN T GONZALEZ  
 4 RIC M DUCK  
 5 WEY J SEAMAN  
 6 WEY A BONHAM  
 7  
 8  
 9

**RACE 134 Girls A K2 - 200m FINAL**  
 17:15  
 1 WOR LEWIS/TROTTER(ELM)  
 2 ELM WILLIAMS/WARD  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 135 Boys A K2 - 200m FINAL**  
 17:18  
 1 WOR TYE/WEBSTER(BOA)  
 2 GAI CLIVE/BOWLEY(BUR)  
 3 CLM WILKES/KIRKWOOD  
 4 RDG KIRSCHSTEIN/COLYER  
 5  
 6  
 7  
 8  
 9

**RACE 136 Canoe A/B C2 - 200m FINAL**  
 17:21  
 1 RIC DUCK/YURKWICH  
 2 WOR NORMAN/BROWN  
 3 RLS STANNARD/VORBERGER  
 4 ORS MORLEY(WEY)/  
 5  
 6  
 7  
 8  
 9

**RACE 137 Mens A/B, Masters A K2 - 200m FINAL**  
 17:24  
 1 BSF SEWEL/FITZPATRICK  
 2 ORS HEATH(WEY)/SCHOFIELD(SOR)  
 3 RLS HERBENT/FARRINGTON  
 4 CLM MOULE/MOULE  
 5 WOR PHILLIPS/TURAN  
 6 RIC IRVINE/  
 7 ORS COX(WEY)/MCKEEVER(BOA)  
 8  
 9

**Team Leaders - This nominated representative will be responsible for all the money owed for the entries he submits. This money must be paid by 4:00pm on Saturday. Failure to pay on time will incur a £20 surcharge that must be paid by the end of racing on Saturday. Failure to meet this deadline will result in all paddlers from that club being disqualified from Sunday's racing.**

All boats shall proceed to the start SLOWLY alongside Lane 1, down the course and past the Start Line point. There have been some changes to the ICF for the start, as follows:-

"Competitors shall be on the water at the starting area not less than five minutes prior to the specified time of their race. The starting area is defined as being the area of water within 100 metres before the starting line. Two minutes before the defined starting time the competing boats have to take the lane determined in the programme"

In essence this means be at the start in good time, do not paddle too far away, stay within reach of the blue buoys (100 metre line), and get yourself lined up behind the correct lane. Listen for your race number to be called and remember that Regatta Time is shown on the TOD Clock (on the bank next to the start hut). If a paddler misses their start slot they may not be allowed to race. THE STARTERS WILL NOT WAIT.

### 2010 Dates:

*BCU National Sprint Regatta 8 & 9 May,  
 BCU National Sprint Regatta 5 & 6 June,  
 BCU Inter-Club MacGregor Paddle 3 & 4 July,  
 BCU National Championships & Inter-Services 4 & 5 Sept*

# Sunday - Timetable

All boats shall proceed to the start SLOWLY alongside Lane 1, down the course and past the Start Line point. There have been some changes to the ICF for the start, as follows:-

"Competitors shall be on the water at the starting area not less than five minutes prior to the specified time of their race. The starting area is defined as being the area of water within 100 metres before the starting line. Two minutes before the defined starting time the competing boats have to take the lane determined in the programme"

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**Qualification for finals** - Please ensure competitors are aware that **Draws** for the finals of **ALL** events (except Mens A, Womens A, Boys A, Girls A Classes which are based on place) will be based on times.

## RACE 138 Boys D K1 - 1000m Heat 1

08:30		
1	CLM	A WILSON
2	TRE	A HAIGH
3	LIN	J HARLEY-BECKETT
4	CEL	M VERDON
5	NOT	Z CHIMIEL
6	BOA	L ESCOTT
7	TRE	P SUNDERLAND
8	HYM	L ROBINSON
9		

## RACE 139 Boys D K1 - 1000m Heat 2

08:33		
1	LIN	S BULLIVANT
2	SLP	A FORRISTAL
3	CKP	J ALLEN
4	ELM	E SOLWAY
5	LBZ	J WESTWOOD
6	LBZ	J EWINGTON
7	LBZ	D CROCKER
8	SLP	B O-CASSAIDE
9		

## RACE 140 Boys D K1 - 1000m Heat 3

08:36		
1	LIN	P QUITTENTON
2	BSF	J O-SULLIVAN
3	NOT	T CHIMIEL
4	SLP	J O-HAGAN
5	WEY	C FREEBODY
6	CLM	M JOHNSON
7	SLP	I MAC-GIOLLAPHADRAIG
8	RIC	T DABORN
9		

## RACE 141 Boys D K1 - 1000m Heat 4

08:39		
1	BOA	M FLACK
2	SLP	C BURKE
3	LIN	C HARLEY-BECKETT
4	ELM	A THOMAS
5	RIC	N ROMAIN
6	ROY	D VORLEY
7	LON	L HARDING
8	LIN	S TOWERS
9		

## RACE 142 Boys D K1 - 1000m Heat 5

08:42		
1	SLP	D GRIMES
2	HER	B JONES
3	CLM	L DUFFIELD
4	RIC	M LAVARACK
5	CEL	M HARTNETT
6	CLM	H CAWSTON
7	NOR	J RIX
8	WEY	T TOZER
9		

## RACE 143 Boys D K1 - 1000m Heat 6

08:45		
1	SLP	C CROC
2	SLP	D O-REILLY
3	LIN	C GRAY
4	LBZ	A ROBINSON
5	SLP	F DEVENNEY
6	SLP	D DEVENNEY
7	RDG	M TOD
8	BAN	J PALFREY
9		

## RACE 144 Girls D K2 - 1000m FINAL

08:48		
1	ELM	PIPE/PIERCY
2	LBZ	CROCKER/FOLEY
3	ELM	PIPE/WILLIAMS
4	ELM	SOLWAY/LUFKIN
5	LBZ	EWINGTON/CURTIS
6	RDG	CHALK/MCLEAN(BAN)
7	SLP	HENNIGAN/KELLY
8	WOK	KABEER/
9		

## RACE 145 Boys A K1 - 1000m Heat 1

08:54	<i>1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2</i>	
1	MAI	P BANNISTER
2	CLM	P WILKES
3	ROY	G STANDEVEN
4	NOR	A HICKS
5	CLM	A KIRKWOOD
6	MAI	T KINGSTON
7	CEL	M FITZSIMONS
8		
9		

## RACE 146 Boys A K1 - 1000m Heat 2

08:57	<i>1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2</i>	
1	GAI	M CLIVE
2	BOA	J WEBSTER
3	WOR	J TYE
4	BUR	M BOWLEY
5	RDG	B COLYER
6	RDG	N KIRSCHSTEIN
7	CLM	M WILKES
8		
9		

## RACE 147 Mens A K1 - 1000m Heat 1

09:00	<i>1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> &amp; 5<sup>th</sup> plus 3 BT to Final 2</i>	
1	BEL	D WOUTER
2	WEY	P WYCHERLEY
3	ELM	J SAWERS
4	SLP	B WATKINS
5	ELM	E RUTHERFORD
6	RDG	A DANIELS
7	NOT	T BRABANTS
8	WEY	M CHILDERSTONE
9		

**RACE 148 Mens A K1 - 1000m Heat 2**  
09:03 *1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2*  
1 LBZ B HAYNES  
2 NOR T PENDLE  
3 WEY D TERRY  
4 ROY J BOYTON  
5 ELM B FARRELL  
6 WEY J SIMMONS  
7 BOA T SIMMONS  
8  
9

**RACE 149 Mens A K1 - 1000m Heat 3**  
09:06 *1<sup>st</sup> / 2<sup>nd</sup> plus 3 BT to Final 1, 3<sup>rd</sup> & 5<sup>th</sup> plus 3 BT to Final 2*  
1 ELM B BROWN  
2 WEY E COX  
3 RIC B STEAD  
4 ADS T HIDE  
5 RIC M CSOKASI  
6 WEY M WELCH  
7 CLM S HASTINGS  
8  
9

**RACE 150 Mens B K1 - 1000m Heat 1**  
09:09  
1 CEL G BUGGY  
2 RIC I DOMONKOS  
3 WEY P YATES  
4 CDF E EVANS  
5 RUN J MAYERS  
6 WOR B TURAN  
7 CDF S JURY  
8 RLS R FARRINGTON  
9 MAI A JORDAN

**RACE 151 Mens B K1 - 1000m Heat 2**  
09:12  
1 CEL D FLEMING  
2 NOT J YOUNG  
3 EXE T SHARPE  
4 CEL F MITCHELL  
5 NOR B BRADSHAW  
6 WOR S WEST  
7 RLS A HERBENT  
8 SLP D PRINGLE  
9 RDG P EDE

**RACE 152 Canoe A/B C1 - 1000m Heat 1**  
09:15 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
1 FLA J STYAN  
2 LBZ M LAWRENCE  
3 FLA C CALVERT  
4 RLS A STANNARD  
5 IND B JEFFRIES  
6 NOT M SANTOS COSTA  
7 RLS J VORBERGER  
8  
9

**RACE 153 Canoe A/B C1 - 1000m Heat 2**  
09:18 *1<sup>st</sup> / 3<sup>rd</sup> plus 3 BT to Final 1 and remaining to Final 2*  
1 FLA M TRAIN  
2 IND P HOGBEN  
3 NOT J HOYES  
4 NOT M SOLLARS  
5 FLA J TRAIN  
6 NOT R JEFFRIES  
7 RIC K YURKWICH  
8  
9

**RACE 154 Boys B K1 - 1000m Heat 1**  
09:24  
1 NOR O RIX  
2 SLP M BURKE  
3 RIC J HENMAN  
4 CKP G BARNICOAT  
5 BAN M MCLEAN  
6 SLP L BANKS  
7 WOR D TYSOE  
8  
9

**RACE 155 Boys B K1 - 1000m Heat 2**  
09:27  
1 LBZ D FOLEY  
2 BSF J FITZPATRICK  
3 BOA A BAKER  
4 CEL D MITCHELL  
5 CDF M ROBINSON  
6 WOR D STAINES  
7 RDG A POTTERTON  
8  
9

**RACE 156 Boys B K1 - 1000m Heat 3**  
09:30  
1 LIN E QUITTENTON  
2 RDG T KIRSCHSTEIN  
3 WEY C WELCH  
4 CLM T STANWAY  
5 LBZ R CREAMER  
6 WEY J CHILDERSTONE  
7  
8  
9

**RACE 157 Boys C K1 - 1000m Heat 1**  
09:33  
1 RLS J STANNARD  
2 WOR W BIRD  
3 WEY J BEEVERS  
4 MAI W RICHARDS  
5 BAN I WEIR  
6 ELM T SHIEL  
7 DEV E DOBSON  
8 NOR A NOBBS  
9

**RACE 158 Boys C K1 - 1000m Heat 2**  
09:36  
1 CEL T DALY  
2 BAS M REES-CLARK  
3 BOA J ESCOTT  
4 LBZ S PLUMMER  
5 ROY B FINNIS  
6 WEY S MEDLICOTT  
7 WEY O HODGSON  
8  
9

**RACE 159 Boys C K1 - 1000m Heat 3**  
09:39  
1 WOR R SNEDDON  
2 BOA T ESCOTT  
3 RDG S KIRSCHSTEIN  
4 ELM M CONNELL  
5 NOR S STRONG  
6 ELM P ILLINESI  
7 PEN R JEFFERIES  
8  
9

**RACE 160 Boys C K1 - 1000m Heat 4**  
09:42  
1 WOR G MITCHELL  
2 ELM H ARCHER  
3 CLM D MITCHELL  
4 WEY E HAWS  
5 CLM D JOHNSON  
6 TRE C SUNDERLAND  
7 CLM J WALKINTON  
8  
9



**RACE 174 Masters C/D K2 - 1000m FINAL**  
 10:33  
 1 LIN JARRATT/GARDNER  
 2 BSF SURRAGE/DUNCAN  
 3 RDG POTTERTON/RALPH  
 4 BAN GALLIMORE/CHANDLER(RAF)  
 5  
 6  
 7  
 8  
 9

**RACE 175 Mens C K1 - 1000m FINAL**  
 10:36  
 1 RDG J KEEBLE  
 2 SOR T GODLEMAN  
 3 WEY J CORDERY  
 4 RDG C LOFTHOUSE  
 5 ELM J O-GRADY  
 6  
 7  
 8  
 9

**RACE 176 Girls C K1 - 1000m Heat 1**  
 10:39  
 1 FLA J TRAIN  
 2 FOX L GREEHY  
 3 BAN A MURPHY  
 4 BUR S WALTERS  
 5 RIC R KILLIP  
 6 LBZ J CAMPBELL  
 7 ELM E CARSON  
 8 BAN R SEIKA  
 9 SHR E BARNES

**RACE 177 Girls C K1 - 1000m Heat 2**  
 10:42  
 1 NOR S TERRY  
 2 RDG S COLLINS  
 3 NOR H HICKS  
 4 LIN E TONNER  
 5 LBZ L HUSSEY  
 6 RDG A DILLON  
 7 RDG F JAYNE-COUPÉ  
 8 RDG K JAYNE-COUPÉ  
 9 RDG A OWEN

**RACE 178 Girls C K1 - 1000m Heat 3**  
 10:45  
 1 WEY M DE FERRER  
 2 LBZ L OXTOBY  
 3 ROY N WILLIAMS  
 4 BAN K STONE  
 5 RUN A WIGNALL  
 6 RIC E ROMAIN  
 7 RDG H SEALEY  
 8 ROY G FARRINGTON  
 9 ROY E DRIVER

**RACE 179 Girls B K1 - 1000m Heat 1**  
 10:48  
 1 BAN L FERGUSON  
 2 ELM A SHIEL  
 3 BAS N SMITH  
 4 WEY A HAWS  
 5 ROY R VORLEY  
 6 ELM M HANLON  
 7 BAS I SMITH  
 8 ELM E ILLINESI  
 9

**RACE 180 Girls B K1 - 1000m Heat 2**  
 10:51  
 1 ADS B OWEN  
 2 RDG I COLLINS  
 3 WEY V CROUCHER  
 4 WEY H CHILDERSTONE  
 5 WEY M DE FERRER  
 6 LBZ C ELLIS  
 7 WOR E HAWTHORN  
 8 ROY G RUFF  
 9

**RACE 181 Paddlability K2 - 500m FINAL**  
 10:57  
 1 NWK OLDHAM/  
 2 PEN GARDNER/WEBB  
 3 NWK OWEN/HASSELL  
 4 RLS SMITH(SGB)/OSMOND(SGB)  
 5 RLS WOOD(SGB)/  
 6 NWK BAINES/HEWITT  
 7  
 8  
 9

**RACE 182 Boys B K1 - 1000m FINAL 1**  
 11:00  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 183 Boys B K1 - 1000m FINAL 2**  
 11:03  
 1  
 2  
 3  
 4  
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 8  
 9

**RACE 184 Boys C K1 - 1000m FINAL 1**  
 11:06  
 1  
 2  
 3  
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**RACE 185 Boys C K1 - 1000m FINAL 2**  
 11:09  
 1  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

**RACE 186 Girls D K1 - 1000m Heat 1**  
 11:15  
 1 ELM E PIERCY  
 2 LON M BARNICOAT  
 3 LBZ H CROCKER  
 4 WOK S KABEER  
 5 BUR S ROBERTS  
 6 BSF A SOLLARS  
 7 ELM A SOLWAY  
 8 LBZ A ELLIOTT  
 9 ELM H PIPE

**RACE 187 Girls D K1 - 1000m Heat 2**  
 11:18  
 1 ROY L RUFF  
 2 ELM A LUFKIN  
 3 LIN R JONES  
 4 RIC F MERRY  
 5 RUN C BROOKES  
 6 WEY R LIPSCOMBE  
 7 NOR L LEE-SMITH  
 8 LBZ J CURTIS  
 9

**RACE 188** Girls D K1 - 1000m Heat 3  
11:21  
1 LBZ K FOLEY  
2 BAN N MCLEAN  
3 ELM K PIPE  
4 LBZ E EWINGTON  
5 BUR L BARKER  
6 NOR A RIX  
7 ELM E WILLIAMS  
8 RDG E CHALK  
9

**RACE 189** Men A/B K1 - 200m Heat 1  
11:30 <sup>1st</sup> / <sup>3rd</sup> plus 3 BT to Final 1 and remaining to Final 2  
1 CLM S HASTINGS  
2 BOA E MCKEEVER  
3 CLM S MOULE  
4 NOT R JEFFRIES  
5 SOR J SCHOFIELD  
6  
7  
8  
9

**RACE 190** Men A/B K1 - 200m Heat 2  
11:33 <sup>1st</sup> / <sup>3rd</sup> plus 3 BT to Final 1 and remaining to Final 2  
1 WEY E COX  
2 WEY M LAMBERT  
3 SLP P EGAN  
4 WEY L HEATH  
5 CLM K MOULE  
6  
7  
8  
9

**RACE 191** Women A/B K1 - 200m FINAL  
11:36  
1 NOT V TOWERS  
2 IND C BURKILL  
3 WEY R CAWTHORN  
4 IND K WOOLFORD  
5 WEY A EDMONDS  
6 SLP J EGAN  
7  
8  
9

**RACE 192** Canoe A/B C1 - 200m FINAL  
11:39  
1 IND B JEFFRIES  
2  
3  
4  
5  
6  
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8  
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**RACE 193** Boys D K4 - 1000m FINAL  
11:48  
1 WEY FREEBODY/TOZER  
HAWS/  
2 LBZ CROCKER/ROBINSON  
WESTWOOD/EWINGTON  
3 SLP MAC-GIOLLAPHADRAIG/GRIMES  
O-REILLY/O-CASSAIDE  
4 SLP O-HAGAN/DEVENNEY  
BURKE/CROC  
5  
6  
7  
8  
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**RACE 194** Womens C K1 - 1000m FINAL  
11:51  
1 RUN M DILAI  
2  
3  
4  
5  
6  
7  
8  
9

**RACE 195** Master Womens B K1 - 1000m FINAL  
11:54  
1 LIN D QUITTENTON  
2 NOR J HICKS  
3 FOX J GOWER  
4  
5  
6  
7  
8  
9

**RACE 196** Womens D K1 - 1000m FINAL  
11:57  
1 BAS K LAMBERT  
2 BSF M DUNCAN  
3  
4  
5  
6  
7  
8  
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**RACE 197** Boys A K2 - 1000m FINAL  
12:03  
1 GAI CLIVE/BOWLEY(BUR)  
2 ROY DIXON/STANDEVEN  
3 RDG KIRSCHSTEIN/COLYER  
4 SLP FEELY/SWEENEY  
5 CLM WILKES/KIRKWOOD  
6 SLP BRENNAN/MURPHY  
7 BOA WEBSTER/TYE(WOR)  
8  
9

**RACE 198** Girls A K2 - 1000m FINAL  
12:06  
1 FLA TRAIN/WEIR(BAN)  
2 RUN ILLIDGE/FERGUSON(BAN)  
3 ELM WILLIAMS/WARD  
4 WOR LEWIS/TROTTER(ELM)  
5  
6  
7  
8  
9

**RACE 199** Canoe C/D C2 - 1000m FINAL  
12:09  
1 WOR NORMAN/BROWN  
2 CLM SUTTLE/RIPPINGTON(WOK)  
3  
4  
5  
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7  
8  
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**RACE 200** Girls B K1 - 1000m FINAL  
12:15  
1  
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8  
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**RACE 201** Girls C K1 - 1000m **FINAL 1**  
 12:18  
 1  
 2  
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**RACE 202** Girls C K1 - 1000m **FINAL 2**  
 12:21  
 1  
 2  
 3  
 4  
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 6  
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 8  
 9

**RACE 203** Men A/B K1 - 200m **FINAL 1**  
 12:30  
 1  
 2  
 3  
 4  
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 8  
 9

**RACE 204** Men A/B K1 - 200m **FINAL 2**  
 12:33  
 1  
 2  
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 4  
 5  
 6  
 7  
 8  
 9

**RACE 205** Boys C K2 - 1000m **Heat 1**  
 12:39  
 1 ELM ILLINESI/SHIEL  
 2 SLP BURKE/  
 3 CLM JOHNSON/MITCHELL  
 4 BOA ESCOTT/ESCOTT  
 5 WOR MITCHELL/  
 6  
 7  
 8  
 9

**RACE 206** Boys C K2 - 1000m **Heat 2**  
 12:42  
 1 WEY HODGSON/HAWS  
 2 NOR NOBBS/STRONG  
 3 WEY MEDLICOTT/BEEVERS  
 4 DEV REES-CLARK(BAS)/DOBSON  
 5 ELM CONNELL/ARCHER  
 6  
 7  
 8  
 9

**RACE 207** Boys B K2 - 1000m **FINAL**  
 12:45  
 1 WOR SNEDDON/STAINES  
 2 WEY CHILDERSTONE/WELCH  
 3 RIC LAVARACK/HENMAN  
 4 WOR BIRD/TYSOE  
 5 CLM STANWAY/CREAMER(LBZ)  
 6  
 7  
 8  
 9

**RACE 208** Boys D K2 - 1000m **Heat 1**  
 12:48  
 1 LBZ WESTWOOD/EWINGTON  
 2 LIN TOWERS/BULLIVANT  
 3 LIN HARLEY-BECKETT/GRAY  
 4 CLM JOHNSON/WILSON  
 5 SLP BURKE/DEVENNEY  
 6 LIN QUITTENTON/HARLEY-BECKETT  
 7  
 8  
 9

**RACE 209** Boys D K2 - 1000m **Heat 2**  
 12:51  
 1 RIC ROMAIN/DABORN  
 2 SLP O-HAGAN/CROC  
 3 NOT CHIMIEL/CHIMIEL  
 4 SLP DEVENNEY/O-CASSAIDE  
 5 BOA ESCOTT/FLACK  
 6 WEY FREEBODY/TOZER  
 7  
 8  
 9

**RACE 210** Boys D K2 - 1000m **Heat 3**  
 12:54  
 1 CLM DUFFIELD/CAWSTON  
 2 LBZ CROCKER/ROBINSON  
 3 BSF O-SULLIVAN/  
 4 SLP GRIMES/  
 5 ELM SOLWAY/THOMAS  
 6 SLP MAC-GIOLLAPHADRAIG/FORRISTAL(TTN)  
 7  
 8  
 9

*13:00 Prize Giving  
 by SRC Chairman Junior Certificates*

**RACE 211** Girls D K1 - 1000m **FINAL 1**  
 13:18  
 1  
 2  
 3  
 4  
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**RACE 212** Girls D K1 - 1000m **FINAL 2**  
 13:21  
 1  
 2  
 3  
 4  
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 7  
 8  
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**RACE 213** Canoe C C1 - 1000m **FINAL**  
 13:27  
 1 RIC M DUCK  
 2 WEY A BONHAM  
 3 WEY J SEAMAN  
 4 BSF A CAYFORD  
 5  
 6  
 7  
 8  
 9

**RACE 214** Mens D K1 - 1000m **FINAL**  
13:30  
1 TRE G HAIGH  
2 BUR M WALTERS  
3  
4  
5  
6  
7  
8  
9

**RACE 215** Canoe A/B C2 - 1000m **FINAL**  
13:33  
1 ORS  
2 RIC DUCK/YURKWICH  
3 RLS STANNARD/VORBERGER  
4  
5  
6  
7  
8  
9

**RACE 216** Mens B K2 - 1000m **FINAL**  
13:36  
1 MAI BRADSHAW(NOR)/JORDAN  
2 WOR WEST/SHARPE(EXE)  
3 LIN OLIVER/OLIVER  
4 SLP O-SULLIVAN/FLEMING(CEL)  
5 WOR HOLMES/MORAN  
6  
7  
8  
9

**RACE 217** Girls C K2 - 1000m **Heat 1**  
13:39  
1 SHR BARNES/WALTERS(BUR)  
2 RDG DILLON/JAYNE-COUBE  
3 ROY DRIVER/WILLIAMS  
4 LBZ OXTOBY/HUSSEY  
5 BAN STONE/SEIKA  
6  
7  
8  
9

**RACE 218** Girls C K2 - 1000m **Heat 2**  
13:42  
1 WEY DE FERRER/LIPSCOMBE  
2 FOX GREEHY/  
3 NOR HICKS/TERRY  
4 RDG SEALEY/JAYNE-COUBE  
5 RDG OWEN/COLLINS  
6  
7  
8  
9

**RACE 219** Boys C K2 - 1000m **FINAL**  
13:48  
1  
2  
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4  
5  
6  
7  
8  
9

**RACE 220** Womens C/D K2 - 1000m **FINAL**  
13:51  
1 NOR HICKS/QUITTENTON(LIN)  
2  
3  
4  
5  
6  
7  
8  
9

**RACE 221** Boys A K4 - 1000m **FINAL**  
13:57  
1 WOR TYE/WEBSTER(BOA)  
BOWLEY(BUR)/  
2 SLP FITZSIMONS(CEL)/MURPHY  
SWEENEY/BRENNAN  
3  
4  
5

6  
7  
8  
9

**RACE 222** Masters A K1 - 1000m **FINAL**  
14:03  
1 SOR N BLACKMAN  
2 SLP M BURKE  
3 WEY A CROUCHER  
4 WOR T PHILLIPS  
5  
6  
7  
8  
9

**RACE 223** Masters B K1 - 1000m **FINAL**  
14:06  
1 SLP D O-DRISCEOIL  
2 LIN M OLIVER  
3 GAI W BAUGH  
4 WOR J CAVE  
5 RIC C GAVIN  
6 RUN P BROOKES  
7  
8  
9

**RACE 224** Masters C K1 - 1000m **FINAL**  
14:09  
1 BOA S DARLING  
2 RDG T POTTERTON  
3 ROY A RUFF  
4 RUN S NIXON  
5 NOT M NADAL  
6 BAN D GALLIMORE  
7  
8  
9

**RACE 225** Masters D K1 - 1000m **FINAL**  
14:12  
1 LIN R OLIVER  
2 BSF P SURRAGE  
3 LBZ C ELLIOTT  
4 NOT A DOUGHTY  
5 NOT P MIETUS  
6 LON R KELLY  
7 FOX T PENN  
8  
9

**RACE 226** Girls B K2 - 1000m **FINAL**  
14:15  
1 WEY CHILDERSTONE/COLLINS(RDG)  
2 ROY VORLEY/RUFF  
3 BAS SMITH/SMITH  
4 RIC ROMAIN/KILLIP  
5 ELM SHIEL/HANLON  
6 WEY CROUCHER/HAWS  
7 ELM ILLINESI/HAWTHORN(WOR)  
8  
9



**RACE 237    Womens A/B K1 - 5 Km                      FINAL**

15:03  
Y1  
Y2  
Y3  
Y4  
Y5  
Y6  
Y7  
Y8  
Y9

**RACE 238    Canoe A/B C1 - 5 Km                      FINAL**

15:06  
W41    FLA    C CALVERT  
W42    RLS    J VORBERGER  
W43    FLA    M TRAIN  
W44    FLA    J TRAIN  
W45    IND    P HOGBEN  
W46    FLA    J STYAN  
W47  
W48  
W49  
W50

All boats shall proceed to the start SLOWLY alongside Lane 1, down the course and past the Start Line point. There have been some changes to the ICF for the start, as follows:-

"Competitors shall be on the water at the starting area not less than five minutes prior to the specified time of their race. The starting area is defined as being the area of water within 100 metres before the starting line. Two minutes before the defined starting time the competing boats have to take the lane determined in the programme"

In essence this means be at the start in good time, do not paddle too far away, stay within reach of the blue buoys (100 metre line), and get yourself lined up behind the correct lane. Listen for your race number to be called and remember that Regatta Time is shown on the TOD Clock (on the bank next to the start hut). If a paddler misses their start slot they may not be allowed to race. THE STARTERS WILL NOT WAIT.

**Qualification for finals** - Please ensure competitors are aware that **Draws** for the finals of **ALL** events (except Mens A, Womens A, Boys A, Girls A Classes and based on place) will be based on times.

**2010 Dates:**

*BCU National Sprint Regatta 8 & 9 May,  
BCU National Sprint Regatta 5 & 6 June,  
BCU Inter-Club MacGregor Paddle 3 & 4 July,  
BCU National Championships & Inter-Services 4 & 5 Sept*

# Competing Clubs – April 2010

We are delighted to welcome all the paddles drawn from these Clubs across UK.

ADS	Addlestone Canoe Club	- Team Leader	Andy Dodson
BAN	Banbury Canoe Club	- Team Leader	Angela Ferguson
BAS	Basingstoke Canal Club	- Team Leader	Howard Smith
BEL	Belgium		
BOA	Bradford on Avon Canoe Club	- Team Leader	Derek McKeever
BSF	Bishops Stortford Canoe Club	- Team Leader	Ken Duncan
BUR	Burton Canoe Club	- Team Leader	Bill Lawrenson
CAM	Cambridge Canoe Club	- Team Leader	Rob Smith
CDK	Cardiff Bay Kayakers	- Team Leader	Richard Rogers
CEL	Celbridge Canoe Club	- Team Leader	Eamon Fleming
CKP	Cokethorpe Canoe Club	- Team Leader	Ian White
CLM	Chelmsford Canoe Club	- Team Leader	Mo Moule
DEV	Devizes Canoe Club	- Team Leader	Ann Slator
ELM	Elmbridge Canoe Club	- Team Leader	Rosemary Illinesi
EXE	Exeter Canoe Club	- Team Leader	Tom Sharpe
FLA	Fladbury Paddle Club	- Team Leader	Steve Train
FOX	Falcon (Oxford) Canoe Club	- Team Leader	Cath Greehy
GAI	Gailey Canoe Club	- Team Leader	Robert Prestwood
HYM	Herts Young Mariners	- Team Leader	Martin Davies
HER	Hereford Canoe Club	- Team Leader	Tony Spencer
IND	Independent Groups	- Team Leader	Steve Train
KIR	Kirkcaldy Canoe Club	- Team Leader	Margaret Chapman
LBZ	Leighton Buzzard Canoe Club	- Team Leader	Jeanne Leitch
LIN	Lincoln Canoe Club	- Team Leader	Laurence Oliver
LON	Longridge Canoe Club	- Team Leader	Joanna Barnicoat
MAI	Maidstone Canoe Club	- Team Leader	Michael Bannister
NOR	Norwich Canoe Club	- Team Leader	Sally Rix
NOT	Nottingham Canoe Club	- Team Leader	Mick Nadal
NWK	4 A's Kayak Club	- Team Leader	Julie Gray
ORS	Olympic Racing Squad	- Team Leader	Alan Williams
PEN	Pennine Canoe Club	- Team Leader	Viv Kendrick
RDG	Reading Canoe Club	- Team Leader	Rebecca Jennings
RIC	Richmond Canoe Club	- Team Leader	Trevor Wetherall
RLS	Royal Leamington Spa	- Team Leader	Tibor Herbert
RUN	Runcorn Canoe Club	- Team Leader	Graham Illidge
ROY	Royal Canoe Club	- Team Leader	Phillip Beer
SHR	Shropshire Paddlesport	- Team Leader	Dave Barnes
SLP	Salmon Leap Canoe Club	- Team Leader	Kevin Murphy
SOR	Soar Valley Canoe Club	- Team Leader	Neil Blackman
TRE	Trentham Canoe Club	- Team Leader	Philippa Sunderland
WEY	Wey Kayak Club	- Team Leader	Michael Childerstone
WOK	Wokingham Canoe Club	- Team Leader	Sam Rippington
WOR	Worcester Canoe Club	- Team Leader	Sue Hawthorn

**A big thank you to all competitors, to our clubs, coaches & parents, and staff of the National Water Sports Centre, Nottingham make this event possible. Feedback** - If you have any ideas or suggestions, please do not hesitate to make them known to any of the Officials. All comments will be considered.



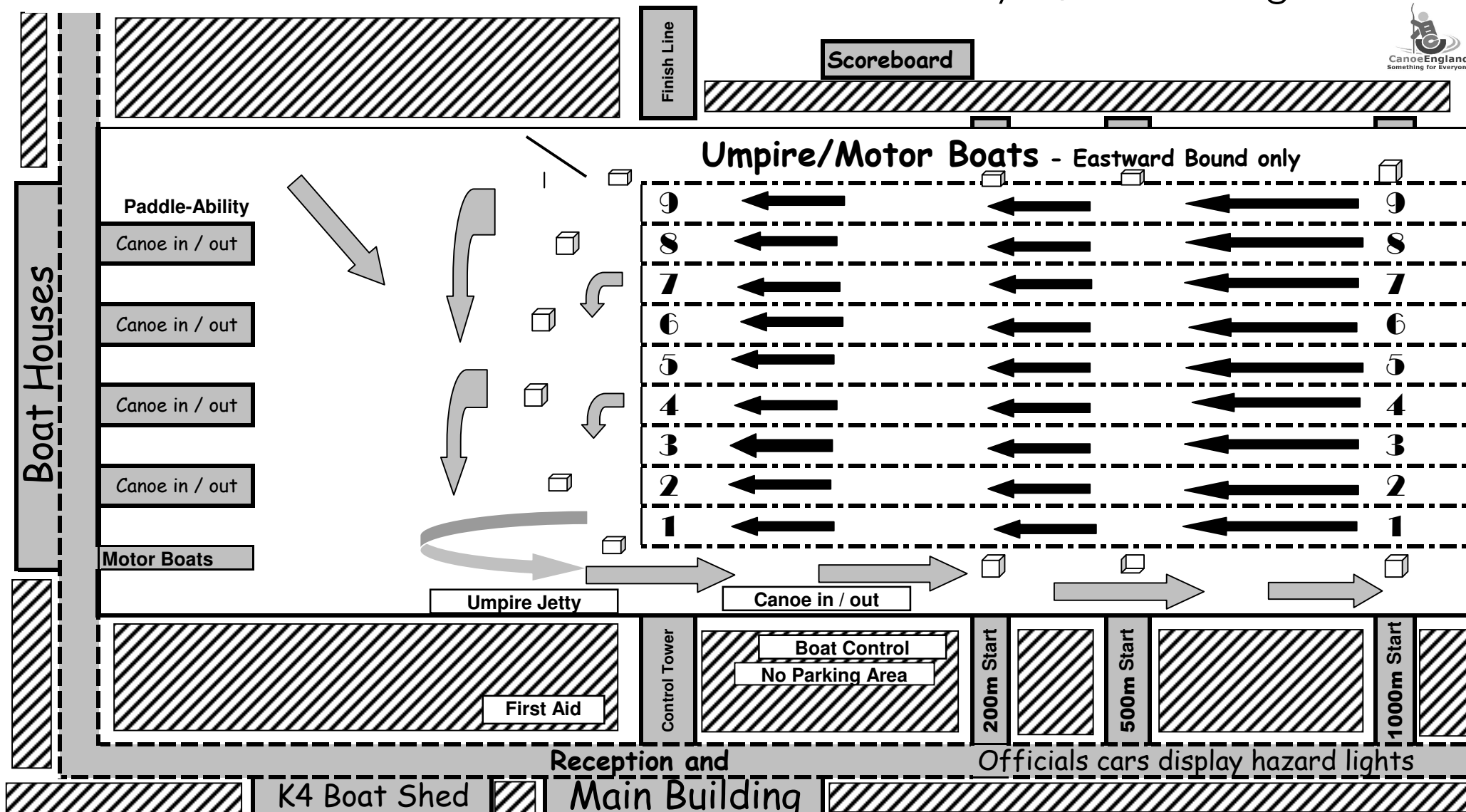
**BCU Regatta Organiser** Peter Morley  
 17 Springfield Road, Guildford Surrey GU1 4DW  
 ☎ 01483 571996 [peter.c.morley@btinternet.com](mailto:peter.c.morley@btinternet.com)





# National Water Sports Centre - Holme Pierrepont

## 2000metre Lake Circulation Plan for BCU Kayak/Canoe Regattas



**NWSC Course circulation pattern at BCU Regattas:** All paddlers/athletes proceeding to the start must do on the Tower side **OUTSIDE THE BUOYED LANES**. Competitors warming up, or launching from pontoons on the main building side of the course, must not cross the racing lanes at any point nor must they attempt to delay proceedings by approaching the start on the course. **NO LAUNCHING** what so ever from the Umpire/Presentation jetty. the area between the finish line and the 10km turn buoys at the boathouse end of the course must be kept clear. All craft launching should proceed to the (Tower side) Westbound of the course around the outside of the 10km turn,