

Women and Girls in Paddlesport

A Canoe England initiative



Women in Canoe Training Day

Sunday 23rd May

10am-4pm

Open to complete novices who would like to try high kneeling canoeing.

Female juniors over 8 years of age and seniors welcome.

We will be providing a wide variety of boats varying from the stable open canoes to the skinny variety.

Please bring with you a paddle, buoyancy aid, change of clothes and lunch. We can provide buoyancy aids and paddles if necessary.

Cost is free!

If you have any questions about the day or would like to book a place, please contact Sam Rippington either by phone or e-mail.

Contact: Sam Rippington

Tel: 07816 075096

E-mail: c1paddler@hotmail.com

Venue: Wokingham Canoe Club,
Thames Valley Park Drive, RG6 1PQ



Women's Training Camp
World Cup 1- Vichy 2010